# DAWG SCRIPTS

University of Washington
Pharmacy Alumni Association and School of Pharmacy News

**FALL 2009** 

# Speaking Out on Behalf of Pharmacists

Clinical Professor of Pharmacy Don Downing and Associate Professor of Pharmacy Peggy Odegard recently wrote an editorial for the Bellingham Herald advocating for pharmacists' role in health care reform. It is excerpted here:

Considering that more than \$177 billion is spent annually in the United States on avoidable medication-related health problems, one might think our health care system would value pharmacists' services enough to pay for them. But almost exclusively, they are only paid to sell more medications — not for their routine work identifying and resolving medication-related risks.

As discussions of health care reform take place, it is time for pharmacists to start being recognized — and reimbursed — for the services they provide. Reform talks are currently placing emphasis on the importance of preventing disease, improving health outcomes and employing cost-saving measures.

All of these have long been priorities for pharmacists.

In addition to dispensing medicines that cure illnesses and improve health, pharmacists provide education about medicines, help people manage and adhere to complex regimens, ensure

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"It's a lot of fun when you have a business that's doing well," said Pharmacist Craig Kvam about his compounding pharmacy in Poulsbo, Wash. "We have a good crew right now that makes each day fun." His pharmacy crew is pictured here. Standing, from left: Pharmacy Technician and Craig's wife, Sally Kvam, Technician Kris Makela, Pharmacist Michelle Lawhorn, Craig Kvam, Technician Mila Wright and Technican Gail King. Seated: Technician Deb Bachman. (Photo by Marsha Wright)

# Compounding New Solutions

Craig Kvam, '72, didn't know his decision to turn his traditional pharmacy into a compounding pharmacy in 1988 would change the way he felt about his profession. It was, after all, a simple business decision. It had become too hard to sustain his pharmacy in the small town of Poulsbo on Washington's Kitsap Peninsula amid rising operational costs and increasing competition. He needed to choose a niche.

Choosing compounding did more than keep Kvam's business successful; it instilled in him a deeper appreciation for his chosen line of work.

"Compounding opened my eyes to the need for the kinds of pharmacy services that couldn't be done in traditional pharmacy," he said. "And I loved it from the very beginning."

In the field of compounding, pharmacists create medications unique to the needs of each patient. People turn to compounding pharmacists when they require a form of medication that isn't commercially available — if they're allergic to certain drug ingredients or if their medication has been discontinued, for example.

Pharmacies such as Kvam's Poulsbo Compounding Pharmacy often help the patients that no one else can. For instance, an entire family was recently referred to Poulsbo Compounding

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COMMENTS AND UPDATES We are always interested in your comments, updates and story ideas. Please e-mail us at rxalumni@uw.edu.

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# President's Message



I always get excited about the fall. The weather cools off and Husky football begins. This fall is especially exciting for me personally as my wife and I are expecting our first child soon.

This autumn also marks a change for the Pharmacy Alumni Association. Jenny Arnold (Riddell), '06, the director of pharmacy practice development at the Washington State Pharmacy Association (WSPA), will soon become the new PAA president. Jenny is extremely enthusiastic about our profession. She has been an important voice on the board and will do an excellent job continuing our efforts to provide alumni with a first-rate association. We hope you can join us in

officially welcoming her as the new president at next month's PAA Homecoming event.

As Jenny takes over, the PAA will have an opening for president-elect. Please e-mail rxalumni@uw.edu if you are interested in joining the board. It is an excellent opportunity.

In fact, I'd like to reflect on just what a great opportunity it has been for me. When I joined the board, one of our goals was to better connect with alumni. One way we did this was by enhancing our partnership with the WSPA. This has allowed me to become more active in that organization and to meet more members of the pharmacy community.

We also created a Facebook group. [Search for "Pharmacy Alumni Association" to join.] Through this group, I have reconnected with several classmates, and I now stay regularly up-to-date about current news and happenings at the School.

The effort I am most proud of being involved in, though, is the creation of the PAA scholarship. This need-based scholarship is made possible through donations that our members make when they renew their memberships. And the PAA will be able to give its first-ever scholarship to a pharmacy student this year!

Throughout my time on the board, I've developed a deeper sense of pride in my fellow alumni and in our profession. Further, my respect for the School of Pharmacy increases each time I meet another student who demonstrates such excellence and professionalism.

In closing, I want to acknowledge the staff of the Office of Advancement at the School. They take our ideas and put them into action. They have also worked diligently to keep PAA's budget balanced while also increasing our presence at pharmacy association conventions. So to Maria, Melinda, Mariely and Claire, I would like to say thank you.

It has been such a pleasure being the PAA president. Go Dawgs!

Ben Michaels, '97

President, Pharmacy Alumni Association

### Upcoming School of Pharmacy and Industry Events

October 23 Classes of 1968 & 1969 Reunion

Ivar's Salmon House 7 p.m. Contact: Nancy Hart (206) 616-7613 rxevents@uw.edu October 24
PAA Homecoming Lunch
I-Court Rotunda, Health
Sciences Building
Begins 2 hours before kick-off
Contact: Nancy Hart
(206) 616-7613
rxevents@uw.edu

October 28
Pharmacy Career & Residency
Information Day
UW South Campus Center
10 a.m. to 3 p.m.
Contact: Mary Neyhart
mneyhart@uw.edu

November 6 & 7
Washington State Pharmacy
Association Annual Meeting
Tulalip Convention Center
Resort and Spa
Visit www.wsparx.org for more
information and to register

# Message from the Dean



These are rapidly changing times for pharmacy. In academic pharmacy, we continue to face a historically challenging budget situation. In the field, practitioners are preparing for another possible H1N1 Swine flu pandemic while also grappling with how Medicaid reimbursement reform could affect patient safety and their bottom

lines. Then there's a development poised to impact all of pharmacy and pharmaceutical sciences — the potential major overhaul of the U.S. health care system.

In times such as these, our School's commitment to thinking ahead and being prepared becomes even more essential. One way we keep that commitment is by providing our graduates with the tools necessary to respond to pressing issues in pharmacy.

Our list of health care priorities is long and wide-ranging. Our approach to preparing students for them is comprehensive. Take, for example, the issue of aging. Pharmacists and pharmaceutical scientists are being significantly impacted by the aging Baby Boomers and their increasing demand for medications and for pharmacy and health care services.

The UW School of Pharmacy has long made it a priority to meet the growing needs of seniors. Our nationally renowned geriatric pharmacy program was officially created with the foresight of Professor of Pharmacy Joy Plein and her late husband and Professor of Pharmacy, Elmer, in 1985 (although it's worth noting that the School had been offering geriatric pharmacy classes long before that). Its primary goals are to enhance education, research and service in support of appropriate medication use in older adults.

Over the years, it has made education and training in geriatric pharmacy available to countless pharmacy students and practitioners, more than 240 of whom have completed

the Plein Certificate in Geriatric Pharmacy. Further, the program helped lay the groundwork for an important new educational direction in our School. Starting this academic year, geriatric content will be threaded throughout the core curriculum for all Pharm.D. students.

Beyond the classroom, our medication-therapy-management (MTM) program, UW Pharmacy Cares, is providing hands-on training in geriatric pharmacy to our students. Last year, a group of pharmacy faculty created this unique program, in part, to meet the growing MTM demands of seniors. Today, the faculty-pharmacists in UW Pharmacy Cares are providing MTM consultations and services to five to ten patients weekly.

The program's student trainees are receiving indispensable first-hand insight into the complicated medication and health needs of seniors. Perhaps most important, they are getting essential experience helping real people.

In addition, our School is currently in discussions with the UW Schools of Social Work and Nursing and with key community and university leaders to assess additional ways we can respond to the needs of the aging population. Together, we hope to provide a strong collaborative and innovative care model that advocates for seniors and their families in all aspects of living, health and well-being.

So as you can see, we leave no stone unturned when it comes to being prepared for the major issues affecting the pharmacy profession. We would not be able to take this kind of broad approach without the support of our donors.

We recognize our donors on Pages 6 to 11 of this *Dawg Scripts*. I'd like to offer a personal thank you for your investment in us — especially during these uncertain times. We remain devoted to using your investment wisely and to improving the future of the pharmacy profession.

Thomas A. Baillie, Ph.D., D.Sc. Dean, UW School of Pharmacy

### UW's MTM Pharmacy Is At Your Service!

The School of Pharmacy's medication-therapy-management (MTM) pharmacy, UW Pharmacy Cares, continues to partner with community pharmacies upon request. Our faculty-pharmacists can assist you in one of the following ways:

\*Offering a consultation to answer questions about setting up an MTM service

\*Helping you fill the service gap for MTM requests at your pharmacy

\*Guiding you in the creation of your own MTM program

Please contact us toll free at (866) 577-1915 or visit www.uwpharmacycares.com for more information.

# For Students, Breaking Down Complex Drug Has Its Rewards

This past spring, four UW pharmacy students participated in the Academy of Managed Care Pharmacy (AMCP) Pharmacy and Therapeutics (P&T) Student Competition. They analyzed a drug, presented their findings and made their recommendations to a mock P&T committee at the AMCP annual meeting in Orlando, Fla.

The team — Jessica Chao, Erin Cutter, Shannon Duke and Ellen Maddox, all third-years at the time — won first place. They defeated teams from the University of California-San Francisco, Drake University and the University of Maryland, among others.

All the teams analyzed Tysabri, a



new medication that treats Multiple Sclerosis and Crohn's Disease.

"This was probably the most complex drug that has ever been analyzed in the competition," said John Watkins, pharmacy manager for formulary development at Premera Blue Cross From left: Tapan Patel from sanofi-aventis; Cynthia Pigg from the Foundation of Managed Care Pharmacy; students Ellen Maddox, Shannon Duke, Jessica Chao and Erin Cutter; Shawn Burke from AMCP; Fred Sego, '82, UW AMCP Chapter adviser (Photo courtesy of Premera Blue Cross of Washington)

of Washington and a UW affiliate associate professor of pharmacy. Watkins was also a team adviser who helped the students form an AMCP student chapter at the UW.

"Tysabri is a biologic drug that treats two completely different, complex diseases — diseases that the students weren't fully familiar with."

So, before the competition, they set out to become familiar with those diseases and the drug. The group analyzed the drug's dossier — which included

Continued on Page 15

# INTERACTION AND THE STATE OF TH

Katie Gries, Jonathan Watanabe, Rafael Alfonso and Eldon Spackman at the ISPOR Student Research Competition

Rafael Alfonso, Katie Gries, Eldon Spackman and Jonathan Watanabe, all graduate students in the Pharmaceutical Outcomes Research and Policy Program, took third place at the International Society of Pharmacoeconomics and Outcomes Research (ISPOR) Student Research Competition in Orlando, Fla., this past May. It was the first time the UW entered this competition.

Andrew Berry, '10 (with his faculty mentor, Clinical Assistant Professor of Pharmacy Jennifer Danielson), and

# Student News

Abby Frye, '10 (with her faculty mentor, Associate Dean of Academic and Student Programs Nanci Murphy) received 2009 American Association of Colleges of Pharmacy (AACP)/Wal-Mart student-faculty scholarships to attend the AACP annual meeting and teachers seminar in Boston in July.

Andrew Berry, '10, Nicole Even, '09, and Megan Roseman, '09, were invited to present posters at the AACP annual meeting.

Alisha Fewins, '11, Zsolt Hepp, '12, Dana Ling, '11, and Rachel Merrill, '11, comprised a team of UW students that was named a finalist in the Pruitt-Schutte Business Plan Competition, sponsored by the National Community Pharmacists Association (NCPA). The team will compete for first place against teams from the University of Arizona and the University of Georgia at the NCPA annual convention in October.

Joong Kim, '13, won the Best Student Poster Competition at the American College of Clinical Pharmacy International Congress in April in Orlando, Fla. Professor of Pharmacy Mary Hebert was her faculty mentor.

Eldon Spackman, Ph.D. candidate in the Pharmaceutical Outcomes Research and Policy Program, has been awarded a \$6,000 American Foundation for Pharmaceutical Education predoctoral fellowship for the academic year.



Michelle Wahlin

Michelle Wahlin, graduate student in medicinal chemistry, has written a book about the history of Sigma Delta Epsilon-Graduate Women in Science (GWIS). Michelle's book, 87th Year History, chronicles GWIS's colorful

story. Michelle was recruited to write the book by the GWIS via the University of San Diego's Department of Chemistry Chair, Dr. Tammy Dwyer.

### Speaking Out on Behalf of Pharmacists (Continued from front page)

drug safety, avert dangerous drug interactions, prevent overmedication, offer immunizations and screenings, advocate for access to medications and provide extensive health resources and educational services to the public. The practice of pharmacy involves so much more than merely counting pills.

Furthermore, these services are offered in community pharmacies, clinics, hospitals and nursing homes nationwide. In fact, 92 percent of Americans live within five miles of a community pharmacy.

No other provider offers this level of accessibility. As such, pharmacists

must be recognized for the significant contributions they make to their communities, to the public's health and to the entire health care system.

Economically, it makes sense to compensate pharmacists for providing crucial health services — especially when they are preventing dangerous drug interactions or unnecessary hospitalizations. Ethically, it makes sense to value the role they play in preventing accidental, drug-related deaths. Fundamentally, it makes sense to discontinue the archaic system of financially rewarding pharmacists only when they sell a product and not

when they promote health or identify a medication risk.

We support the kind of health care reform that reinforces pharmacists' efforts to provide these vital services to the public. Pharmacists make an essential contribution to improving health outcomes and improving medication safety. It is time for the health care paradigm to shift to a model fully recognizing and integrating their broad expertise.

Read this Bellingham Herald guest column in its entirety at www.bellinghamherald.com/311/story/1004902.html.

# School and Faculty News

The UW School of Pharmacy now ranks No. 1 in percentage of Pharm.D. faculty with NIH funding and No. 6 in total grant funding.

The School of Pharmacy's Pharm.D. program has had its accreditation status continued by the Accreditation Council for Pharmacy Education through June 2014.

The UW's Obstetric-Fetal Pharmacology Research Unit, led by Professor of Pharmacy **Mary Hebert**, has had its grant extended for five more years.

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**Bill Atkins**, professor of medicinal chemistry, served as Interim Chair of the Department of Medicinal Chemistry while Chair Allan Rettie was on sabbatical this past summer.

Thomas A. Baillie, dean of the School of Pharmacy, has received an award from the International Isotope Society for distinguished service to the Society. This prominent lifetime achievement award is given out every three years.

Larry Bauer, professor of pharmacy, recently published the second edition of *Applied Clinical* 

Pharmacokinetics, which updates the first edition of his text that was published in 2001. Additionally, Bauer co-authored the first of a series of studies examining the neuroprotective properties of Erythropoietin in the journal Pediatrics.

Rodney Ho, Milo Gibaldi endowed professor of pharmaceutics, received a Technology Gap Innovation Fund grant from the UW and the Washington Research Foundation. The grant was for his project, "Gd-nanoparticles as high performance magnetic resonance contrast media."



Srikanth Kadiyala

Srikanth Kadiyala, assistant professor of pharmacy, received a best new investigator poster research presentation award at the International Society of Pharmacoeconomics

and Outcomes Research international meeting. He collaborated with Erin Strumpf at McGill University on his presentation.



Jeannine McCune

Jeannine
McCune,
associate
professor of
pharmacy, has
accepted an
invitation from
the National
Institutes
of Health
Department

of Health and Human Services to serve as a member of its Developmental Therapeutics Study Section, Center for Scientific Review.

Nanci Murphy, associate dean of academic and student programs, received the AACP Teacher of the Year Award. This stemmed from the Gibaldi Excellence in Teaching Award she received from the UW School of Pharmacy Class of 2009.

Scott Ramsey, adjunct professor in the Pharmaceutical Outcomes Research and Policy Program and a director at Fred Hutchinson Cancer Research Center, has been elected president of the International Society for Pharmacoeconomics and Outcomes Research.









# A Special Thank You to Our Alumni and Friends

Although there are signs that the financial markets could finally be stabilizing, the economic crisis of this past year has nevertheless done its damage. Higher education in Washington state was hit particularly hard. We endured painful budget cuts across the University of Washington as the state legislature tried to make up for a multibillion-dollar budget shortfall.

We are keenly aware that the economic situation has impacted each of you, too. So we are especially grateful for the continued support

We are especially grateful for the continued support you have demonstrated for our School throughout this challenging time.

you have demonstrated for our School throughout this challenging time. It is humbling to note that, during the past fiscal year, our School once again had the highest percentage of alumni who gave back than any other unit at the University of Washington.

### We cannot thank you enough.

Your gifts to students enable them to continue gaining recognition and making a difference through their wide-ranging outreach, research and academic pursuits. Your gifts to faculty allow them to continue: enhancing educational initiatives; conducting research that's important to human health; and creating vital community-health and outreach programs. And your gifts to our discretionary funds give us the much-needed flexibility to support our most-pressing needs.

We also would like to take this

opportunity to acknowledge those of you who support the School in so many other ways — as volunteers, preceptors, advisers, board members, guest lecturers, business partners and as ambassadors. Your devotion is remarkable, and it inspires us to be better and stronger at what we do.

On the following pages, we recognize the generous financial contributions of our amazing alumni and friends. On behalf of all the faculty, students and staff of the UW School of Pharmacy, thank you. You make us proud. We intend to keep doing our part to make you proud in return.

PHOTOS: Top left: Don and Marla Kojima. Center: Student Luis Ramos, '10 (Photo by Doug Plummer). Top right: 2008 Distinguished Alumnus Herb Tsuchiya, '55 (Photo by Team Photogenic). Lower right: Dean Thomas A. Baillie at the 2009 Dean's Reception (Team Photogenic). Lower left: From left: Jennifer Beach (Grimm), '01, Brian Beach, '00, and Kayla Kosel, '96 (Team Photogenic).



# Recognizing Our Donors

We gratefully acknowledge the many generous alumni, faculty, staff, students, corporations, foundations and friends that made gifts and pledges to our School between July 1, 2008, and June 30, 2009.

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# Class of 2010 Makes Its Mark

Wells Fargo Foundation

"Throughout our time as students, gifts from alumni and friends have provided us with countless opportunities. Whether we knew it or not, these gifts have been helping enhance our educational, research, outreach and practice experiences.

We would like to show our gratitude to the donors who have helped us along the way. What better way to thank them for their investment in us than to embrace their spirit of giving?"

So wrote a group of fourth-year students in a recent letter to their classmates announcing the launch of the School of Pharmacy P-4 Campaign. They launched this campaign to create a gift to the School from the Class of 2010.

The goal of the P-4 Campaign is for every member of the Class of 2010 to participate. Regardless of the amount the students can give, what matters most in this campaign is that they show their commitment to supporting the School.

So far, the students are off to a fantastic start in demonstrating that commitment. At the campaign kick-off in May, more than 40 percent of the class made a gift.

To date, nearly 60 percent of the class has participated.

The Class of 2010 gift scholarship will be presented to Dean Baillie at the graduation ceremony next June. If the student coordinators have their way, the class will continue giving to the fund long after graduation — perhaps enabling them to one day raise enough money to present an annual endowed scholarship.



Michaelene Kedzierski

The P-4 Campaign gift fund honors
Michaelene Kedzierski, clinical professor of pharmacy and associate director of counseling services in the Office of Academic and Student Programs.

The Michaelene

The Michaelene Kedzierski Pharmacy Service Excellence

**Fund** will recognize a student who has demonstrated commitment to the pharmacy profession through service to the school, community and/or pharmacy profession. To make a gift, please visit depts.washington. edu/pha/p4giving.

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# Showcase: Natural Products Faculty Fund

Specialized funds created by alumni and friends allow the School to support everything from dual-degree students to cardiovascular pharmacotherapy research. The impact of these gifts can be extensive.

Take, for example, the Natural Products Faculty Fund. Generously supported by Geraldine "Geri" Brady, widow of former faculty member Dr. Lynn R. Brady, it funds faculty and research initiatives focused on drug and herbal interactions.

At present, the Natural Products Faculty Fund supports research related to the study of the drug artemisinin, which is purified from the plant Artemisia annua.

"This drug is the current standard of care throughout the world to treat malaria," said Byron Gallis, medicinal chemistry research scientist and fund recipient. Beyond that, "artemisinin also

has anti-cancer properties that allow it to selectively kill human cancer cells in culture and suppress tumor growth and size in animal models of cancer."

Gallis's research group is conducting research into artemisinin's cancer-fighting capabilities, specifically with regard to non-Hodgkins lymphoma. Under the leadership of Dr. Tomi Sasaki from the UW Department of Chemistry, the team recently submitted two grant applications for projects to help them better understand how artemisinin blocks cancer cell growth. Without the seed money from



Artemisia annua (Courtesy of U.S. Department of Agriculture)

the Natural Products Faculty Fund, this team would not have had the resources to conduct the research required for their applications.

This is the kind of research Lynn Brady dedicated his career to — enhancing scientific understanding of natural products and drug interactions to improve public health. He completed his Ph.D. at the UW and was an assistant professor and professor of pharmacognosy throughout the 1950s and '60s. He also served as the director of the Medicinal Herb Garden, among other leadership roles he held.

Today, thanks to Geri Brady's passion to keep her husband's research area alive, School scientists have more resources to better understand medicines derived from natural sources. The need for such

research will only continue to grow as more Americans turn to natural products to improve their health — or in some cases, even to fight cancer.

To make a gift to the Natural Products Faculty Fund or the Lynn R. Brady Endowed Scholarship Fund — a fund created to reward and support an academically talented pharmacy student — visit www.pharmacy.washington.edu/support or contact the School of Pharmacy Office of Advancement at (206) 616-3217, rxgiving@uw.edu.

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Craig & Sally Kvam Scholarship in Pharmaceutical Compounding

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# Pharmacy Alumni and Friends: Out and About

### Dean's Club Night at the Mariners



Members of the School of Pharmacy Dean's Club watched the Seattle Mariners beat the Tampa Bay Rays in an exciting overtime game in August. The Mariner Moose (and the sunshine) even made a special appearance.





ABOVE LEFT: Professor Emeritus Joy Plein and Don Dockter. BELOW LEFT: Anne Downing, Dean Emeritus Sid Nelson, '68, and Donna Dockter, '72. RIGHT: From left: Tim Douget, Rita McGough, Elva Gao, '07, and husband Song Xue.

E-mail your photos and captions from alumni events to: rxalumni@uw.edu

### 2009 Dean's Recognition Reception

More than 130 alumni, friends, faculty and staff of the School attended the Dean's Recognition Reception at the Seattle Asian Art Museum in May. The event honored the Distinguished Alumnus in Pharmacy Practice, Herb Tsuchiya, '55. (Read more about Tsuchiya at depts.washington.edu/pha/news-events/tsuchiya\_bio.html). It also paid tribute to some of the School's most loyal supporters and volunteers.





View a slideshow of the reception at depts.washington.edu/pha/news-events/Recognition2009

LEFT: Distinguished alumnus Herb Tsuchiya, '55, with Dean Thomas A. Baillie. ABOVE RIGHT: From left: Professor of Pharmaceutics Rene Levy, Professor of Pharmacy Gail Anderson, '78, '87, Dean Emeritus Jack Orr, Professor of Pharmacology Frank Vincenzi, '60, '65, and Director of Advancement Claire Forster. RIGHT: Pharm.D. student Sean Akamine.'10.

All Dean's Recognition Reception photos by Team Photogenic ©2009



### Northwest Pharmacy Convention

The annual Northwest Pharmacy Convention took place in Coeur d'Alene, Idaho, this past May. The University of Washington once again had a great showing of students, faculty and alumni at the event that attracts pharmacy leaders and practitioners from around the region.



BELOW LEFT: From left: Ryan Bolonesi, '10; Josh Welborn, '01, Karen Craddick, '12, and Heidi Welborn (Kidder), '03. LEFT: Our standin for the official UW Husky, "Dubs," made his appearance whenever WSU Cougars were around. BELOW RIGHT: From left: Pharm.D. students Karen Craddick, '12, Reid Inouye, '11, Nicole Campbell, '12, Sara McElroy, '12, and Sandra Chiang, '10.





### Compounding New Solutions (Continued from front page)

because they were suffering from a rare fungal infection in the lung. Their physician hadn't found any treatment options that worked. So Kvam formulated an inhalation therapy with special antifungals. It worked.

"It's so gratifying to serve people with these kinds of health issues who are so desperate for help," said Kvam.

Indeed, his pharmacy has become an essential resource for many area physicians who find themselves stumped by such cases. As a result, Kvam has a closer and more collaborative working relationship with doctors than he had when he was a traditional pharmacist.

He also works closely with many local veterinarians. They turn to Poulsbo Pharmacy when they need compounds for medications that aren't available in certain dosages and combinations for animals. Sometimes, Kvam even creates compounded treats for pets that won't take their pills.

Although much of the public doesn't know this branch of pharmacy

exists, it has ancient roots. In more recent history, it was common in pharmacies until medications became mass-produced by manufacturers in the 1950s and '60s. While compounding pharmacies mostly disappeared during this time, the need for them did not. So the practice slowly worked its way back in the following decades.

"Compounding opened my eyes to the need for the kinds of pharmacy services that couldn't be done in traditional pharmacy."

By 1981, the Professional Compounding Centers of America (PCCA) formed, helping shepherd in a resurgence in the practice. In the past few years, demand has grown as more women have relied on compounding for hormone-replacement therapy.

Today, the International Academy of Compounding Pharmacists estimates that more than 2,000 U.S. pharmacists are the compounding Pharmacists and the compounding Pharmacists are compounded by the compounding Pharmacists and the compounding Pharmacists are compounded by the compound pharmacists are compounded by the compounded by the compounded

macists and technicians focus solely on compounding. That doesn't include the countless traditional pharmacies that offer basic compounding services.

"Since I started in this industry, I've seen huge growth," said Kvam. "Things keep evolving in the right direction. The bar keeps getting higher."

In addition to acquiring all the standard pharmacist practice licenses, fully compounding pharmacists receive training through the PCCA and other compounding organizations. Further, they use specialized equipment and generally need bigger labs than traditional pharmacies.

Making the switch to a fully compounding pharmacy has been well worth the investment for Kvam. He loves the daily challenge and is grateful to work with people who are also passionate about compounding. He is also grateful to the School of Pharmacy.

"I could never repay the UW for the education it gave me and the chance to do this," he said.

## Class Notes

### 1960-1969



Duane Miller (Team Photogenic)

Duane D. Miller, Ph.D, '69, received the Volwiler Research Achievement Award from the American Association of Colleges of Pharmacy for his outstanding research and contributions to pharmaceutical sciences.

### 1970-1979

Susan Teil Boyer, '72, was named new board executive director of the Washington State Board of Pharmacy. She previously served eight years as member and chair of the board from 2000-2008.

Dave Swenson, '76, is cofounder of IntelliDOT Corporation, a point-of-care patient safety solution for acute care hospitals. He currently works as chief clinical officer and was the primary architect of IntelliDOT's product design. He was previously one of the original staff members of Pyxis Corporation. He lives in San Diego with his wife, Lynn.

Rod Shafer, '77, was named

the new executive vice president of the International Academy of Compounding Pharmacists in April. Shafer was previously the CEO of the Washington State Pharmacy Association.

### 1990-1999

Charlotte Pendergast, '96, received a One-to-One Patient Counseling Recognition Award from the American Pharmacy Association. Pendergast is a pharmacist at Walgreens in Sierra Vista, Ariz. She previously worked as a buyer for the Bartell Drug Co. and is a lifetime member of Lambda Kappa Sigma.

### 2000-present

Marci Reynolds (Martin), '04, and her husband, Jesse Reynolds, welcomed their second son, Josiah Martin Reynolds, on January 7th, 2009. Their first son, Hudson, turned two in July. After the birth of her first son, Marci stepped down as director of pharmacy for QFC and started working part-time as the department's clinical care coordinator.

Emily Schulze, '09, and Patricia "Petey" Sonnett, '09, received Alumni

Professional Excellence Awards from the UW Pharmacy Alumni Association. The awards recognize graduating students who have demonstrated outstanding potential for contributions in pharmacy through aptitude and accomplishments.



Emily Schulze and Petey Sonnett (Team Photogenic)

Jenny Arnold (Riddell), '06, recently became the director of pharmacy practice development at the Washington State Pharmacy Association.

**Shelby Reed**, former postdoctoral fellow in the Pharmaceutical Outcomes Research and Policy Program, was recently elected to serve a two-year term on the International Society for Pharmacoeconomics and Outcomes Research Board of Directors.

We want to hear from you. Let us know what's new in your life. Please e-mail us with your updates at rxalumni@uw.edu.

# Practice Advisory Board to Help Guide School

The School of Pharmacy is pleased to announce the official formation of its Pharmacy Practice Advisory Board.

"This board," said Dean Thomas A. Baillie, "will help us achieve our vision and educational initiatives in pharmacy practice. It has been a long time coming and we are thrilled to be moving forward with this effort."

Formed earlier this year, the board will provide a link between the School's professional pharmacy program and the pharmacy and medical communities. Among the roles that the board will play will be to: advise the dean and faculty on key issues involving programs, research, teaching and patient care; assist in long-range planning; and help promote the discovery, development

and appropriate use of medications.

The members of the board are among the School's most engaged pharmacy practice volunteers.

"These people are dynamic practice leaders across pharmacy disciplines," said Don Downing, board chair and clinical professor of pharmacy. "They are all deeply committed to ensuring the success of the School and pharmacy practice. We are so grateful to be collaborating with such a stellar group."

The Pharmacy Practice Advisory Board will meet annually to discuss the School's activities, programs and pressing needs. It will complement the School's Corporate Advisory Board that provides guidance on research and graduate training programs.

### UW Pharmacy Practice Advisory Board Members

Chair: Don Downing, School of Pharmacy

Thomas Baillie, School of Pharmacy
Carol Carnahan, Bartell Drugs
Collin Conway, Group Health
Claire Forster, School of Pharmacy
Al Linggi, McKesson Corp.
Kelly Nelson, Target
Ryan Oftebro, Kelly-Ross Pharmacy
Charles Paulsen, Quality Food Centers
Inc.

Jeff Rochon, Washington State
Pharmacy Association
David Rose, Healthpoint
Steve Singer, Bellegrove Pharmacy
Shabir Somani, UW Medical Center
David West, Swedish Hospital

# Spotlight On: The DNA Sequencing and Gene Analysis Center

The human genome contains more than three billion combinations of DNA sequences. The School of Pharmacy's DNA Sequencing and Gene Analysis Center is helping researchers study them. In so doing, it's improving scientific understanding of how genes alter individual responses to drugs.

Housed in the Department of Pharmaceutics since 2003, the center provides services to investigators from the School of Pharmacy and other UW departments, including bioengineering, medicine and pathology.

The most common research interest for scientists who rely on the center relates to pharmacogenomics. For example, faculty from the Obstetric-Fetal Pharmacology Research Unit are currently relying on the center to study

genetic variations in drug transporters and their role in pharmacokinetics of diabetes medications during pregnancy.

The center is also equipped with advanced instruments that provide high-throughput genotyping and geneexpression analysis.

Students in the School can receive training to learn how to use all the various instruments for their own studies and research.

What makes the work in the center exciting, said Ed Kelly, manager and acting assistant professor of pharmaceutics, is the context of the data.

"We work closely with the clients, so we know the details of each project. Thus, when the data comes in, we share in the excitement — or disappointment — of the final results."



Manager and Acting Assistant Professor Ed Kelly shows off the DNA Sequencing and Gene Analysis Center's sequencing instrumentation.

Learn more about the DNA Sequencing and Gene Analysis Center at depts.washington.edu/pceut/pceut services.

### Breaking Down Complex Drug Has Rewards (Continued from Page 4)

scientific information about the drug's safety, efficacy and economic value compiled by the drug's manufacturer.

They supplemented this information by: searching medical literature for relevant articles; creating pharmacoeconomic models; and otherwise considering the drug's benefits and drawbacks from all possible angles.

At the national competition, the students gave a half-hour presentation

of their findings to a mock P&T committee and responded to detailed questions. The committee — which was also the judging panel — comprised three experts from various health plans.

"In the time that I've been watching this competition, I've never seen a team do better than this group," said Watkins, who has judged the competition in the past. He praised them for the extensive pharmacoeconomic mod-

els they built, their scientific knowledge, and their overall teamwork and presentation skills.

This was the first year the UW entered the competition. Nineteen teams originally applied to nationals after winning local chapter contests in January. Only eight teams made it to Orlando.

For winning first place, the students received a \$2,500 scholarship that will go to the School of Pharmacy.

# In Memoriam



**Beverley Katterman**, former co-owner of Montlake Drugs and Katterman's Sand Point Pharmacy and wife of the late Don B. Katterman, passed away in May.

The Katterman family's legacy to the UW School of Pharmacy lives on with the Annual Don B. Katterman Memorial Lecture, which celebrated its 30th anniversary this year. [Bev is pictured at left attending the 2009 lecture.]

Throughout their life together, Bev and her husband, Don, worked to keep their neighbor-

hood pharmacies thriving as central members of their communities. Bev also supported her husband's endeavors to improve pharmacy practice in Washington. He was a mentor to countless pharmacy students, a UW Pharmacy Alumni Association president and a Washington State Pharmacy Association president.

She herself was active in many service organizations, including the Children's Orthopedic Hospital Guild and the Women's Pharmacy Group.

# Professor and Chair Emeritus Bill Trager Remembers Alain Huitric



1967 School of Pharmacy faculty photo of Dr. Alain Huitric

Alain Huitric, professor emeritus of medicinal chemistry, passed away in late July at his home in Brittany, France.

Al was born in 1912 in Sainte Rose du Lac in Manitoba, Canada. In his teens, he and his family immigrated and took up residence in Los Angeles.

He served in the U.S. Navy during World War II. Upon his discharge, he obtained his

bachelor of science in chemistry from the University of San Francisco and his Ph.D. in medicinal chemistry from the University of California, San Francisco.

Al joined the faculty of the School of Pharmacy in 1955 where he remained for the rest of his career, retiring in 1978. He was the first School faculty member to secure National Institutes of Health funding for research programs.

In the late 1950s and early 1960s, nuclear magnetic resonance was in its infancy. All recognized its potential for solving thorny problems of structural organic chemistry, and it became the primary research tool in the dissertations of virtually all of his Ph.D. students. Training in this state-of-the-art technique opened doors for their career development.

A quiet and gentle man, he was foremost a man of

integrity. Al not only embodied the qualities of integrity — sound moral principles, honesty and sincerity — he exuded them. The power of his integrity commanded respect and had a profound influence on the lives of many, myself and Dean Emeritus Sid Nelson included.

Indeed, Dean Emeritus Nelson credits Al with inspiring him to pursue the path of teaching and research. He also says that, without Al's "gentle nudge and huge vote of confidence," he never could have become the dean of the School.

And so Al's legacy has been carried on through the many accomplishments of those of us who were his students. This also includes the president and CEO of a Fortune 500 chemical company as well as prominent researchers and professors at major universities. But perhaps most important, his legacy is carried on through so many other people whose lives have been enriched simply by having known him.

Al is survived by his wife, Simone.

Bill Trager received his Ph.D. in medicinal chemistry under the direction of Dr. Huitric at the UW in 1972. He is professor emeritus of medicinal chemistry in the School, and he served as department chair from 1980 to 1983.

Gifts can be made in Dr. Huitric's honor to the **Dean's** Fund for Excellence. To make a gift, visit www.pharmacy. washington.edu/support or contact the Office of Advancement at (206) 616-3217, rxgiving@uw.edu.



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