



News from the University of Washington Pharmacy Alumni Association and School of Pharmacy

Spring 2006—Vol. 29, Number 2

# Women In Pharmacy

A look at the generations of women, all UW School of Pharmacy graduates, who have, and continue to, influence and inspire us academically, scientifically, clinically, and socially, within the School, our community and throughout the pharmacy profession.



UW School of Pharmacy faculty and friends enjoy regular opportunities to meet with Shirley Bridge who has been a supporter, friend and inspriation to them all. (L-R) Dana Hammer, Annie Lam, Sharon Bracken, Jacqueline Gardner, Joyce Robertson, Joan Nelson, Shirley Bridge, Peggy Odegard, and Karan Dawson.

In April, the School of Pharmacy and Pharmacy Alumni Association named Joy Plein, '51, Ph.D, '56, as our Distinguished Alumnus of the year (see page 3.) There could not have been a better choice. Joy has dedicated her career and her life to the profession of pharmacy, in particular geriatric pharmacy, and to expanding awareness and education in this important field. She has been a wonderful mentor to many pharmacy students over the years and the UW School of Pharmacy is proud to recognize her for her many accomplishments. Additionally, Joy provides a special inspiration for the increasing number of young women in our program. Once almost completely male, the UW School of Pharmacy student body is now roughly 69% female. Female mentors and role models play an important role in inspiring these new students. UWSOP in particular has a very impressive lineage

of accomplished female alumni, spanning graduates from the turn of the century to present day.

Alice Ball, '14, born in Seattle in 1892, grew up both in Washington State and Hawaii. She entered UWSOP in 1910, became a Tyee member and left four years later with a pharmaceutical chemist degree and a B.S. in pharmacy. She returned to Oahu in 1914 and in 1915 became the first woman to earn a master's degree at the University of Hawaii (UH). She became the first African American chemistry instructor at UH and then continued to make history by becoming the first to pioneer a breakthrough treatment for Hansen's disease (leprosy) by extracting a chemical from the oil of the Chaulmoogra tree which, when injected into patients, helped reduce the symptoms of leprosy. This discovery brought relief to many people. Sadly, Ms. Ball became ill during the year

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### **COMMENTS AND QUESTIONS**

We are always interested in your story ideas and updates.

Please email comments to Beth Fenkner at

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### SUPPORT DAWGSCRIPTS

PAA dues pay for this publication which accounts for 50% of the PAA budget. To learn more about PAA, how to join or to view past issues of *DangScripts* please visit the PAA website at www.depts.washington.edu/rxalumni

### Thank you for your support!

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# PRESIDENT'S COLUMN



Suzanne Lee

Dear Alumni,

For the past ten years I have been very fortunate to participate in the student exchange program with UW School of Pharmacy's sister school, Kyoritsu University of Pharmacy in Tokyo, Japan. Through this opportunity I have had the great pleasure of getting to know and work with an extraordinary individual and pharmacist, Motoko Kanke. Dr. Kanke is synonymous with pharmacy education in Japan, as it was her devotion to the profession and its students that led her down the challenging, yet successful path to bring clinical pharmacy practice (in line with U.S. standards) to a country well rooted in its belief that only physicians should be providing such services.

Kanke was influenced by time spent at Ohio State University and the University of Kentucky. Upon returning to Japan, she began her quest to develop a clinical pharmacy training program. Being a female in what Japan then considered a man's field made this quest all the more challenging. She first had to convince the president of Kyoritsu University of Pharmacy, and the mostly male faculty, to allow her to start a clinical pharmacy subdivision on campus. Kanke then used her connections in the U.S. to recruit American faculty as guest lecturers and eventually developed a student exchange program. That was only the beginning.

Kanke has dedicated her life to the pharmacy profession and the education of its students. Her students are like the children she never had. Choosing not to marry, she has put all her energy towards the success of these students and towards her goal of helping Japanese pharmacists attain the level of practice standards and the privilege of being involved in patient care that their U.S. counterparts enjoy. Her tenacity and her perseverance are admirable, her enthusiasm and energy are contagious.

After a lifetime of hard work Motoko Kanke can rest assured she has succeeded. This summer, I and UW professors Wayne Kradjan, John Horn and Phil Hansten, will travel to Japan to participate in the first International Conference of Pharmacy Education at which we will join Kyoritsu faculty and staff in celebrating their University's switch to Pharm.D education program standards. We will also attend the retirement celebration of Dr. Kanke, whose tireless efforts and dedication to pharmacy education and its students, made this achievement possible.

Motoko Kanke, by any standard, is an inspirational person and she proves where there is a will, there is a way. I hope you too stay steadfast and achieve your goals, be they professional or personal.

Suzanne Lee, '01 PAA President

More on the International Conference of Pharmacy, Lee et. al.'s visit to Japan and Motoko Kanke's achievements and retirement will be highlighted in the DawgScripts issues following these events

# Membership Error

Some of you may have received a "FINAL NOTICE TO RENEW MEMERSHIP" form in error due to a complication with our mail services. We apologize for any confusion this may have caused. Your check has been deposited and your account credited for an additional 12 months beyond your expiration date. If you have questions about your membership please contact the PAA office at 206-543-3485.

# JOY PLEIN RECEIVES DISTINGUISHED ALUMNUS AWARD



Joy B. Plein B.S. in Pharmacy 1947 M.S. in Pharmacy 1951 Ph.D in Pharmacy 1956

The University of Washington School of Pharmacy (UWSOP) was honored to present the 2005 Distinguished Alumnus Award for Excellence in the Profession of Pharmacy and for exceptional contributions to geriatric/senior care pharmacy to alumnus Joy B. Plein. Joy accepted her award at the Dean's Recognition Ceremony held on April 5. (See back page.)

Dr. Plein is a Professor of Pharmacy at the UW School of Pharmacy, a position she has filled with great enthusiasm and merit for the past 32 years. She is also the cocoordinator for the UW Hearthstone Pharmacy Education and Service Program, which she helped to establish, and has run since 1989. Plein received her B.S. in pharmacy from Idaho State College in 1947. After working two years as a retail pharmacist in Salt Lake City, Utah, she moved to the UWSOP to continue her studies, receiving a M.S. in pharmacy in 1951 and her doctorate in pharmacy in 1956. Between 1956 and 1972, Plein served as field director for R.A. Gosselin and Co., assistant chairwoman for the American Society of Hospital Pharmacists Committee on Pharmacy and Pharmaceuticals, consultant for the American Society of Hospital Pharmacists, assistant editor of the American Hospital Formulary Service, and lecturer at Seattle Pacific College and the UW. In 1972, Plein joined the UW School of Pharmacy faculty as an assistant professor of Pharmacy Practice and was quickly promoted to her current position of full professor in 1974.

Plein has published nearly 70 research reports, books and book chapters, review papers and abstracts. She continues to produce publications and perform on-going research in geriatric drug therapy, and health profession education and practice. She has received several federal appointments, serving on the FDA OTC Review Panel from 1973 to 1978 and the Bureau of Health Professions National Advisory Council from 1989 to 1992. She is currently a member of the Bureau of Health Professions Technical Advisory Group on Clinical Geriatric Pharmacy and a board member of the Washington Chapter of the American Society of Consultant Pharmacists.

Joy Plein has tirelessly devoted much of her career to the study and growth of geriatric/senior care pharmacy. She has spent almost 30 years developing and leading innovative programs to expand this specialty for which there is an ever-growing need. Her projects include the coordination of Foss Home, an inter-disciplinary senior care facility; the Northwest **Education Centers Training Initiative** on Drug Use and Misuses Among the Elderly; and the Northwest Geriatric Education Center. She has also spearheaded the creation and implementation of the UWSOP Geriatric Pharmacy Program and Certificate Program in Geriatric Pharmacy Practice. She has served on the Board of Directors of the Tallmage-Hamilton House Senior Center, and as a member of the Consultant Pharmacists Planning Committee and Review Panel for Senior Care Pharmacy Student Rotations, and on

the Foundation's Council on Educational Affairs.

Plein has received numerous awards for her hard work and unyielding devotion to the field of pharmacy. She was presented with the President's Medallion from Idaho State in 2004, the Janssen Eldercare Lifetime Achievement Award in 2002, and the George F. Archambault Award from the American Society of Consultant Pharmacists in 2001. She is also the recipient of the University of Washington School of Pharmacy Outstanding Service Award and the School's Special Award for Excellence in Interdisciplinary Geriatrics and Services. She has been named an Institute Scholar by the UW Institute on Aging and honored as a Women of Achievement.

Joy Plein has been a very influential and greatly admired leader in geriatric/senior care pharmacy. The UWSOP is especially honored to recognize Dr. Plein for her accomplishments as not only one of our most distinguished alumni and inspirational pharmacists, but also as an admired colleague and good friend. We are very proud to call Joy B. Plein one of our own and thank her deeply for all she has done for the School, the community and the profession of pharmacy.



Joy Plein with her award and the colleague and friend who nominated her, Gary Elmer.

# **FACULTY NEWS**

**Don Downing** was highlighted in the *Seattle P-I* article "Facts make women's Plan B an easier pill to swallow." Don discussed his mission with P-I columnist, Susan Paynter, to educate the nation's pharmacists that the morningafter pill called Plan B, is in fact, not a chemical abortion. Article at http://seattlepi.nwsource.com/paynter/263463\_paynt20.html

Valerie Daggett received a \$1.3 million award from the Department of Energy to continue her research in "Molecular Dynameonics" and a \$1.2 million grant from Microsoft for her "Protein Folding-Unfolding: Dynameomics to Structure Prediction" research during which she will perform high-throughput molecular dynamics simulations to investigate numerous protein folds, from which more general rules of this folding can be abstracted.

Gary Elmer is retiring as of July 1, 2006, or at least partly. Unable to give up the School completely, Professor Elmer will remain on campus as a part-time teacher



"Gary has been an integral part of the School of Pharmacy for over 30 years and a highly valued member of the Medicinal Chemistry Department since its creation in the early 80s. While it is quite sad for us to think of him making this move towards eventual retirement, we look forward to having his extensive teaching experience help us out part-time in the Pharm.D curriculum for a few more years at least."

- Allan Rettie, Med Chem Chair

only.

**Terri O'Sullivan** was interviewed by *Good Housekeeping* for an article on tablet splitting titled "Should you split pills?" The article

appears in the May 2006 issue.

Danny Shen has, in cooperation with the Fred Hutchinson Cancer Research Center, received a \$209,000 R21 grant from the National Cancer Institute for his research "Modulation of Opioid Effects by Garlic Supplements". Garlic supplements can modulate the activity of enzymes involved in the metabolism of opioids and are often used by cancer patients for their purported enhancement of immune response and anticancer effects. Shen and his team will examine whether daily treatment with a popular commercial dried powder garlic supplement affects the metabolism and consequently the analgesia and side effects of oxycodone, a commonly used opioid for the relief of cancer-related pain. Co-investigators on this grant are David Blough (pharmacy), Gregory Terman (anesthesiology), and Karen Syrjala (psychiatry and biobehavioral sciences.)

**Ken Thummel** was appointed acting chair of the Department of Pharmaceutics for spring quarter.

# Bartell Drugs Partners with UWSOP to Expand Teaching Opportunities



Bartell Drugs has entered into a shared faculty agreement with the School of Pharmacy to support a UW faculty member part-time to collaborate with Bartell pharmacists in developing innovative services. The agreement, crafted between the Institute for Innovative Pharmacy Practice (I2P2) and Bartell Drugs, calls for a UW faculty member to be on-site in a Bartell facility one day each week as a teacher, mentor, advisor, and partner. Don Downing, clinical associate professor of pharmacy, will be the first to do so and will work with pharmacists at the Bartell Burien location to develop medication therapy management services. "This is another great opportunity for the School of Pharmacy to assist and keep in touch with current community pharmacy practice and to help expand the clinical role of pharmacists," says Downing.

Bartell's own pharmacists are involved with teaching pharmacy students as well. Heidi Diez, a pharmacist at University Village Bartell, co-taught the spring elective, *Overview of Contraceptive Management* with Jacqueline Gardner. This course is designed to prepare students to prescribe hormonal contraceptives, including emergency contraceptives, once they become licensed pharmacists.

# ALUMNI VOLUNTEERS NEEDED FOR HIV/AIDS AWARENESS PROJECT

UW School of Pharmacy students **Luis Ramos**, '09, and **Michelle Akcar**, '09, are organizing an HIV/AIDS awareness project that they hope to expand to the School of Medicine, Nursing and Public Health. The project will include a series of events to help health care providers identify and address the health care needs of HIV patients. By increasing awareness and engaging pharmacists (who are currently only required to have 8 hours of HIV training) and other health care workers on treating patients with HIV and better understanding the challenges they face, Ramos and Akcar hope to help improve care within our community and halt the increasing spread of the disease.

A speakers panel has been scheduled for Oct. 18. Ramos and Akcar are still developing the program and would like your input. If you would be interested in participating in this panel or have other ideas or thoughts regarding the HIV/AIDS project, please contact Luis Ramos at ramosla@u.washington.edu.

# DEAN DINES WITH PORT ANGELES ALUMNI



The Port Angeles dinner party included (L-R) Ron Spring '63, Dean Sid Nelson, and Colby Wait, '05, and his wife Ann.

Dean Sid Nelson and his wife, Joan, met with a small group of Port Angeles Alumni on April 21 for an intimate dinner and conversation about the School of Pharmacy, discussing passed memories, current events and future goals. A special thanks to Jim, '67, and Barb Cammack, '68, and their son Joe Cammack, '94, for organizing this event at the Café Garden restaurant in Downtown Port Angeles.

If you would like to host or attend an event with the Dean in your neighborhood, please contact David Chow, assistant director of Development at 206-221-2465 or chowd@u.washington.edu.

# **UPCOMING EVENTS**

### **TBD: Class Reunions**

Did you graduate in 2001, 1996, 1991, 1986, 1981, 1976, 1971, 1966, 1961 or 1956? If so, it's a reunion year! Please contact the PAA office at 206-543-3485 if you are interested in participating in or helping to plan your class reunion!

### OCTOBER 7: 3rd Annual Geriatrics Symposium

Please join us in recognition of the 20th anniversary of our Certificate Program in Geriatric Pharmacy Practice at the annual Fall Geriatrics Symposium "Implications and Management of Drug-Induced Problems in Older Adults." This Saturday program will run from 8:30 a.m. - 3 p.m. Visit www.uwcpe.org for program and registration information or email uwcpe@u. washington.edu.

### **OCTOBER 28: Homecoming**

Join us on Saturday Oct. 28 as we catch up with old friends, meet new colleagues and cheer on the Huskies! The Homecoming Committee is currently recruiting alumni volunteers. Please call the PAA office at 206-543-3485 to learn more.

# **IN MEMORIAM**

Ada C. Marcks, '33, passed away at Horizon house on March 18. Ada was born in 1912 in Black Diamond, Wash. She graduated from the UW School of Pharmacy with honors in 1933. She is survived by her brother, Jack Marcks of Shoreline.

Lois Sabin Wall, '29, passed away on Feb. 5 from complications following cancer treatment. A Seattle native, Lois graduated from Lincoln High School before receiving her Pharmacy degree from UW School of Pharmacy, beginning a three-decade long career in pharmacy in which she was both owner of Phinney Ridge Pharmacy and employee of Group Health. She married Joseph Wall in 1968. Lois supported many local cultural programs including opera, symphony and ballet, loved to travel the world, was a member of many community organizations and a life-long parishioner of St. Andrews Episcopal Church. Lois was well-known for her hospitality and generosity and remained greatly involved with the UWSOP, helping to organize the last two 50th reunion celebrations.

Wilbert "Bill' Saunders, '37, passed away on March 18 at the age of 98. Bill was the youngest of seven children and spent his childhood in Laurel, Mont. before moving to Kelso, Wash. where he met his wife Edna Rogers. The couple moved to Seattle in 1930. After he graduated from UW School of Pharmacy, Bill went on to receive his M.D. from the Los Angeles College of Osteopathic Medicine and Surgery. He spent his career practicing medicine in the University District, focusing on research and treatment of multiple sclerosis patients, before retiring in 1986. Bill was involved in many activities including hunting, back-packing, horses, cars, gardening, dancing, poetry and spending time with his family. He was a 60-member and elder of Central Presbyterian Church and co-founder of Medicine for Missions at Kings Garden School, which later became World Concern and reached patients as far away as Africa. Bill is survived by three children, 12 grandchildren and 16 great-grandchildren.

# Center for Pharmacy Leadership and Professional Excellence Created



Nanci Murphy (front right), the driving force behind the creation of this new Center, poses proudly with UWSOP student leaders at the recent APhA awards ceremony.

School of Pharmacy, under the leadership of Nanci Murphy, associate dean, Academic and Student Programs, has established a new Center for Pharmacy Leadership and Professional Excellence, one of the first centers of its kind

on the UW campus.

The University of Washington

The purpose of this Center is to: foster the development of student leaders; host workshops and seminars devoted to enhancing leadership skills and professional development; support the growth of professional students through travel grants, fellowships, research projects (particularly in the practice environment) and publication opportunities; and develop community partnerships.

The Center is a natural development for our School, which is so often recognized for its student leaders. During the 2005-2006 academic year, UWSOP students won national awards from APhA, ASHP, NCPA, AACP, and NACDS and served in regional or national leadership positions for ASHP, NCPA and APhA. Four of our student organizations have received national recognition for their outstanding achievements in promoting health education and improving health delivery in medically underserved areas. Students have led a medication safety awareness campaign in the state of Washington, placed among the top 10 pharmacy schools in the nation for Medicare Part D education outreach, placed third nationally as part of an interprofessional team for patient safety, and during spring quarter alone participated in five community health fairs throughout the state!

"I am so proud of our students for their strong and continuing commitment to positively impact patient care," states Murphy.

The Center will further enable this trend to continue by enhancing student leadership skills and supporting interest and involvement in professional and community activities. The Center's first interprofessional leadership conference on public speaking was held this spring. Students who attended the conference plan to form a speaker's bureau to offer health-related presentations in the community and campus. The Class of 2006 is so excited about the Center of Pharmacy Leadership and Excellence, they have designated it as the recipient of their class gift. The School is very grateful and thrilled for this student-led generosity and support.

Please join us in planning future Center activities by contacting Nanci Murphy at murphyna@u.washington.edu.

# Pharmacy Phanatics Ride Again

Over 800 UW employees participated in the annual January Ride in the Rain Challenge to encourage commuting by bicycle to work in the winter. **Pharmacy Phanatics**, the official team of the School of Pharmacy was spurred on this year by some internal competition, the Dept. of Pharmaceutics "expansion team" **First Pass**, led by former Phanatic rider Ian Templeton. The **Phanatics** finished 11 out of 90 teams in terms of total team miles ridden for the month (1,569 miles) **First Pass** finished 31, with 1,197 miles ridden. **First Pass** did, however, manage to beat out the **Phanatics** in total number of trips (337) compared to 326. No small feat in any weather and especially not this year when January brought record rainfall. As a result, both teams earned the honorary title of "soggy sprockets!"

Pharmacy Phanatic riders were Jacqueline Gardner, Tom Hazlet, Tom Kalborn, Dana Hammer, Gary Elmer, Darwin Alonso, Scott Shaffer, Terri O'Sullivan, Erik Fox and Guenter Daum. First Pass riders included Brian Kirby, Huixia Zhang, Aaron Moss, Nina Isoberranen, Ian Templeton, Alex Zelter, Sophie Chung, Matt Crouthamel and Loren Kinman.

# **PORPP NEWS**

### **FACULTY**

PORPP faculty member Scott Ramsey has been elected to membership in the American Society for Clinical Investigation (ASCI), a 98-year-old, 2,800 physician-scientist member medical honor society that elects fewer than 80 new members a year, who have (by age 45 or younger) made significant accomplishments within their field. Dr. Ramsey is a health economist, an associate professor of medicine, adjunct associate professor of health services, and a member of the Public Health Sciences Division of the Fred Hutchinson Cancer Research Center. His research includes cost-effectiveness analyses concurrent with clinical trials and economic assessments of treatments for osteoarthritis, heart disease, emphysema, lung and colon cancer, diabetes, and other diseases.

### **GRADUATE STUDENTS/POST-DOCS**

Lisa Meckley has been awarded a pre-doctoral fellowship in health outcomes and \$20,000 stipend from the PhRMA Foundation for her dissertation, "Clinical Utility, Cost Effectiveness, and Provider Perceptions of CYP2C9 and VKORC1 Genotyping for Chronic Warfarin Therapy."

Elizabeth James, Pharm.D, and PORPP faculty mentor Tom Hazlet, are one of 35 scholarship recipient pairs, nationwide, to receive a 2006 Wal-Mart Annual Conference \$1,000 travel scholarship to the AACP Teachers Seminar in San Diego.

**Jennie Best**, M.A, co-authored "Cost-effectiveness a.nalysis of rituximab combined with CHOP for treatment of diffuse large B-cell lymphoma in France" published in *Value in Health* 2006;8(4):462-70.

Matt Kerrigan, M.S., co-authored "Costs and Survival of Patients with Colorectal Cancer in a Health Maintenance Organization and a Preferred Payer Organization" published in *Medical Care* 2005; 43: 1043-1048.

**Brian Bresnahan**, Ph.D, coauthored "Symptom control and improved functioning: the effect of omalizumab on asthma-related quality of life (ARQL)" published in *Journal of Asthma* 2005;42:823-37.

# Highlights

### STUDENT AWARDS AND ACTIVITIES

- Students won national awards from APhA, ASHP, NCPA, AACP, and NACDS and served in regional or national leadership positions for ASHP, NCPA and APhA-ASP
- Four of our student organizations have received national recognition including 1st Runner-Up Chapter Achievement Awards for both APhA-ASP and NCPA.
- Student-run medication safety awareness campaign resulted in numerous state-wide health fairs and a gubernatorial proclamation declaring October as Patient Medication Safety Awareness Month.
- Students conducted educational outreach on Medicare Part D. UWSOP placed among the nations top 10 schools for the innovation and reach of these programs
- schools for the innovation and reach of these programs.
   Students, including 2006 APhA Good Government
   Student Pharmacist of the Year, Sarah Elliot, '06, are deeply involved in local and national legislative affairs.

#### **FACULTY**

- Allan Rettie and colleagues, published breakthrough research "Effect of VKORC1 Haplotypes on Transcriptional Regulation and Warfarin Dose" in the The New England Journal of Medicine. Rettie also received the internationally recognized 2005 ISSX North American Scientific Achievement Award.
- Scott Ramsey became a member of the American Society for Clinical Investigation (ASCI), a 98-year-old medical honor society that elects fewer than 80 new members annually.
- Don Downing was featured on ABC's News Now: Top Priority program on the topic of "Plan B: The Morning After Pill" in addition to numerous other local and national newspaper, radio and TV programs as an expert on this issue.
- John Horn and Phil Hansten published the 2006 edition of their pocket-sized book on drug interactions: Hansten and Horn's Top 100 Drug Interactions; A Guide to Patient Management.
- Gail Anderson is highlighted in *Science* for "Gender in the Pharmacy: Does it Matter?"
- Terri O'Sullivan was appointed the 2005-2006 Chair of AACP's Professional Affairs Committee.

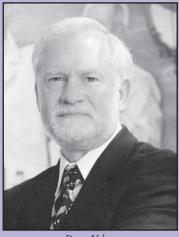
### **GRANTS**

- Valerie Daggett received a \$1.2 M 3-year grant from Microsoft to study "Protein Folding-Unfolding: Dynameomics to Structure Prediction."
- Danny Shen received a \$400,000 award from the National Center for Complementary and Alternative Medicine (NCCAM) for his work "Modulation of Opioid Effects by Garlic Supplements" and has, in cooperation with the Fred Hutch Cancer Center, received a \$209,000 grant from the National Cancer Institute for his research "Modulation of Opioid Effects by Garlic Supplements."
- Rodney Ho received over \$1.15 M from NIH to research "Specific Knock-out and Multi-Day Transport" and "Anti-HIV Drug Targeting to Lymphoid Tissues."
   PORPP members received over \$2.5 M in grants from
- PORPP members received over \$2.5 M in grants from Agency for Healthcare Research and Quality (AHRQ) and U.S. Dept. of Health and Human Services to further evaluate the impact of computerized prescribing in a out-patient clinical settings.

### OTHER ACCOMPLISHMENTS

- UWSOP led the way in alumni participation across the UW campus, yet again, with one out of three alumni remaining involved with the School.
- We created a Center for Pharmacy Leadership and Professional Excellence, one of the first centers of its kind on the UW campus.
- its kind on the UW campus.
  Alumni support enable 100% of the students who applied for financial aid to received scholarship funds
- applied for financial aid to received scholarship funds.
  UWSOP awarded GPSS Gold Star Dept. Award for excellence in graduate & professional student services.
- Over the past three years our graduate students and post-does have won an impressive number of presentations awards to influential research conferences such as AAPS and ISSX.

# 2005 Annual Report



Dean Nelson (Photo by Dan Lamont)

# Message from the Dean

To all of you who support our School of Pharmacy at the UW by giving of your precious time, energy, and money, I give my heartfelt thanks. Your generosity, loyalty, and friendship encourage faculty and staff to do our best to maintain our School's leadership role in pharmacy education, research, and service. One excellent example of this is the commitment several of you have made to establish the first endowment to support the Institute for Innovations in Pharmacy Practice (I2P2).

As alumni, you can be proud that you received your degree(s) from one of the best pharmacy programs in the country, which is part of one of the top 20 universities in the world. It is not only our faculty and staff who make us leaders, but also our students present and past (namely you). In order to sustain and expand our leadership role, the School has established a Center for Pharmacy Leadership and Professional Excellence, and some of the unrestricted funds that you provide to me through the Dean's Fund for Excellence will be used to support activities of this Center in addition to support from the Osinski-Beers Endowment. It is noteworthy that Dr. Nanci Murphy, associate dean for Academic and Student Programs, spearheaded the creation of this new Center. She is another example of women in pharmacy (see leader) who are taking leadership roles in the profession.

Some of the goals of the School in the next year include development of a strategic plan for the next five years, continued efforts to create a second I2P2 endowment to support ways to better train our students in pharmacy management, and enhancement of relationships with our corporate partners in research and practice. This past year was busy with visits to alumni in North Carolina, the San Francisco Bay area, and the Port Angeles area. Next year I hope to meet with alumni in Southern California, Yakima, and Whatcom/Skagit county. These visits are to thank you for making us the #1 School/College at the UW in terms of alumni participation rate, and to hear your ideas on how we can improve our program.

Thank you again for your support, and have a great summer.

Sid

# Gifts for 2005

Contributed January 1 - December 31, 2005

### CORPORATE/FOUNDATION/ASSOCIATION DONORS

# Gifts of \$50,000 or more

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# Alumni Celebrate Golden Anniversary

The 50-year pharmacy reunion for class years 1954, 1955, 1956, and 1957 took place on Friday, May 19 at the University Women's Club in downtown Seattle. Fory-five alumni and guests, including Dean Emertis Jack Orr, gathered over dinner to share memories, updates and celebrate the contributions each has made to pharmacy and our community over the years. Dean Nelson updated the crowd on School news, but the special treat came from Professor Joy Plein, who put on a spectacular slide show of student and professor photos taken between the years of 1951 and 1957. A special thanks goes to Jean McLauchlan, '54, and the late Lois Wall, '54, (see memoriam page 5) for their exceptional job in organizing this memorable event.

If you are interested in participating in your reunion or learning more about the 50-year Golden Pharmacy Endowment, please contact David Chow, assistant director of Development at 206-221-2465 or chowd@u. washington.edu

(Top) Class of 1956: (L-R) Fred Haskins, Dunain McBride, Bennett Anderson, Gary Cornell, Dick Ramsey, Dick Blakney, Alan Lomax, Gene Westland

(Middle) Class 1957: (L-R) David Altaras, Tamio Miyata, Lloyd Johnson, Vic Grutchfield, Walter Davison, Doris Cornell

(Bottom Right) **Class of 1954:** (L-R) Jimmie Choi, Theresa Oh, Lolita Morada, Donnamae Gfeller, Jean McLauchlan, Wayne Mosby

(Bottom Left) Class of 1955: Bill Stewart and Florence Sumida







# Class of 2000 Celebrates 5-year Reunion



Attendees included Brian, '00, and Jennifer Beach, '01; Molly Bettineski, '00, her busband Dave and their daughter; Wanda Crow, '00; Andrea Giles, '00, and her busband Chris; Cynthia Hudson, '00, and her baby; Suzanne Lee, '01; Helen Loennig, '00; Dean Sid Nelson and his wife Joan; Patrick, '00, and Missy O'Donnell, '01; Miroslava Orozco, '00 and her husband Ricardo; Rhalene Patajo, '00, and her busband Norm; Sofiya Volynsky, '00, and her husband Gary; Georgia Gianacos Steenis,'00, her husband Kevin and her two step-children.

Over 25 alumni, family and friends of the Class of 2000 gathered over President's Day weekend to celebrate five years out in the pharmacy world! The group met at Pyramid Alehouse, Brewery and Restaurant on Saturday, Feb. 18 for an evening of fun memories, catching up with friends, and introductions of new family members (including Cynthia Hudson's two week old baby!) A good time was had by all, including special guests Dean Sid Nelson, his wife Joan and PAA President Suzanne Lee. For those of you thinking about your upcoming reunion, Georgia Gianacos Steenis and her fellow organizers highly recommend the economical and family friendly venue of Pyramid Ale House!

# **CLASS NOTES**

Edmund Ehlke, '39, has worked and resided in Honolulu since graduation. Originally heading to the island for a short respite from the fog and rain of Seattle, Ehlke (as a result of the 1941 attack) found himself needed at Queens Hospital, where he served as a pharmacist for the rest of his career.

Lois Balent, '49, and her husband Steve are now living at Arbor View Alzheimer's Care in Calif. The couple remains very busy with numerous activities from music festivals to volunteer work to Hungarian gatherings. They also enjoy visits from friends!

Robert Look, '51, and his wife Mary Jo moved to Whitefish, Mont. four years ago. They enjoy visits from friends and grandchildren; keep busy skiing, golfing and playing tennis, and love living in Montana.

Lolita Morada, '54, is now retired and is living 8-10 months each year in the Philippines. She and her husband built a home in the town of Miagao and enjoy the warm, comfortable climate. Lolita is volunteering her time at the local medical missions. Additionally, she and her husband set up a scholarship foundation which currently supports 12 college students. By enabling these students to go to school

and get a good job, the foundation has a trickle-down effect of enabling these students to help other family members get on their feet.

Wayne Mosby, '54, is a member of the Sumner Rotary. As part of Rotary International, the group will help complete a 15-year, 135-country project to eliminate polio in 2006. At 83, Wayne, along with his wife, remains busy with two real estate projects, which he hopes to complete by his 85th birthday.

**Richard Blakney, '56,** has been elected president of the United Nations Association Seattle Chapter.

Al Thurmond, '56, is proud to announce that his step-son, James Kessler, a UW graduate, has been selected for Brigadier General, USMC. He will be frocked and pinned June 2006.

**David Altaras, '57,** is retired and enjoys skiing, golfing and visiting the gym 2-3 times a week. He spent March in Palm Springs and still does continuing education. He looks forward to receiving his 50-year certificate in 2007.

Hebert Tsuchiya, '58, was elected as national president of the Asian American Baptist Caucus. He will serve a two-year term and oversee 130 churches.

Melvin Heffner, '61, sold his prescription store in early 2005 to Robert Dobb of Bridgeport Pharmacy in Lakewood, Wash. Melvin is happy with the sale and enjoys working for Robert.

CJ Kahler, '66, was on KUOW Weekday with Steve Scher March 16 to discuss the controversy over whether pharmacists should have the right to refuse to fulfill subscriptions for Plan B, emergency contraception.

Patricia Peterson, '71, was promoted to chief medical officer at St. John's Medical Center in 2003 and continues to practice internal medicine in Longview, Wash. Due to the shortage of pharmacists she is considering renewing her R.Ph. license! Her son, now a junior in high school, hopes to be an aeronautical engineer.

Kristen Eng, '93, gave birth to her second son, Tyler Robert Eng, on Jan. 22, 2006.

**Diane Matsuwaka, '93**, gave birth to her first child, Emma Tetsuko Siu-Hoong Matsuwaka, on Jan. 16, 2006.

**Kathy Tamura, '93,** gave birth to her third daughter, Maija Takami Tamura, on Nov. 3, 2005.

Helen Loennig, '00, sends a big thank you to Georgia Gianacos Steenis and all others who helped to organize their 5-year reunion (see page 7.)

# PAA WELCOMES NEW PRESIDENT-ELECT



Ben Michaels, '97, graduated from UW School of Pharmacy in 1997 and has been employed with Franciscan Health Systems at St. Francis Hospital since 1994. He works the graveyard shift which, although not the best hours, gives him the opportunity to take long vacations, most notably to visit his mother in 2003 while she served as a Peace Corps volunteer in Nepal. Additionally, Ben teaches a section of the technician training class at St Joseph Medical Center, serves as chairman of the infectious disease core group and has started working on his external doctor of pharmacy degree.

Ben and his wife Darcey have been married for one year. They enjoy traveling, going to baseball games, hiking, movies, and keeping the peace between his dog and her cat. Ben also enjoys cooking, wine, and golf.

"I am excited about getting more involved with the PAA," says Ben. "I have enjoyed catching up with old classmates at Homecoming events and the time I spend with students and interns helping them prepare for their careers. But, I have wanted to do something more to "give back" to the School. Serving as a PAA officer will be a good start."

# Longs Drug Executives Meet with Students

# Alumni Join Students in Town Hall Meeting



(L-R) Michael Cantrell, vice president of Professional Services for Longs Drug, Stephanie Decker, '07, who will be doing a rotation at Longs Corporate Headquarters in September, and Bruce Schwallie, executive vice president of Business Development and Managed Care.

"Exploring careers in pharmacy management" was the topic of a seminar featuring Bruce Schwallie and Mike Cantrell of Longs Drug Stores. The two executives from Longs' corporate headquarters in Calif., encouraged students to consider the increasing array of opportunities in management as Longs expands and diversifies its businesses in the West, including Hawaii. In addition to pharmacy practice management, Longs has developed Wellness Centers in California stores, owns a pharmacy benefits

management company (PBM), RxAmerica, and its own mail order company. There are opportunities for student rotations in many locations and for management internships. Schwallie and Cantrell are pharmacists who took different routes to corporate management – Schwallie through marketing, merchandising and managed care, and Cantrell as an attorney. They welcomed student questions and distributed information about career opportunities.

This seminar was the last in the 2005-2006 Business of Pharmacy Seminar Series sponsored by the Institute for Innovative Pharmacy Practice (I2P2). Other seminars in the series included "Evaluating and Accepting Job Offers," presented by Howard Kramer, director of Pharmacy Human Resources and Government Affairs at Kmart Corporation, and "Independent Pharmacy: Unlimited Opportunities in the Coming Decade," presented by Steven LeFevre, chairman, Business Resource Services.

Several UW alumni met with students in a "Town Hall style meeting" to explore issues related to whether pharmacists should be able to refuse to dispense a medication based on personal beliefs. Organized by UPPOW S.P.I.N. coordinator **Andrea Eberly, '08,** the meeting tackled the topic of emergency contraception, which is currently under wide discussion, as well as what might become an issue if Washington becomes the second state in the United States to allow physician assisted suicide.

Special Guest Gene Westland, '56, a retired pharmacist who practiced in Oregon and has experience with both emergency contraception and physician assisted suicide, provided great insight into practice considerations. He was joined by Board of Pharmacy member, Donna Dockter, '72, and UW faculty member Don Downing, '75, who challenged students to think of additional circumstances in which they might have personal concerns about filling a legal prescription and to then think of methods for dealing with such a dilemma.

# **UPPOW AUCTION WAS A SUMO-SIZED SUCCESS!**



The annual UPPOW Student Auction was held on Friday, April 7. Over \$10,000 was raised (the largest amount ever!) at this year's event to help support student travel to national pharmacy conventions. Great items and a few good laughs went to the highest bidders! Join us for next year's auction in early 2007.

(Left) Carson Huntoon, '07, looks on as PAA pastpresident and UPPOW co-auctioneer, Georgia Giana-

cos Steenis, '00, shows off her Sumo motif in honor of this year's auction theme; Sports and Athletics.

(Right) Steenis and her co-host **Doug Black, '81, Pharm.D '83,** in a sumo embrace.



# APHA-ASP NATIONAL AWARDS CEREMONY



(L-R) Carson Huntoon University of Washington, poses with fellow 2006 APhA Student Leadership Award winners, Kendra Olderog University of Arizona, Maegan Rogers University of Arkansas for Medical Sciences, and Christopher Nguyen University of California, San Francisco.

The 2006 annual APhA-ASP meeting was held March 17-21 in San Francisco, Calif. Over 60 UWSOP students attended the event. Among them was **Carson Huntoon, '07,** one of only four students in the nation to receive the prestigious 2006 APhA Student Leadership Award. This award, sponsored by Procter & Gamble Health Care, recognizes outstanding academic achievement and leadership ability. Carson received a \$1000 schol-

arship and was presented with a plaque at the APhA-ASP Awards Ceremony in honor of his achievements. Carson, accompanied by Dean Nelson and his wife, Joan, was also invited to a post-event breakfast where he enjoyed mingling with fellow award recipients and Procter & Gamble representatives, Doug Stuckey and Janelle Sobotka.

"My leadership experience at the UWSOP has taught me many skills and has been extremely gratifying," says Carson. "Receiving an award for participating in activities that I enjoy was unexpected. I am very honored."

Carson was not alone, several UWSOP students shined at this national event (see 2006 APhA Award Winners below). The School is extremely proud of these individuals who demonstrate what can be accomplished when a School and its supporters are committed to its students, as UWSOP and its alumni are.

In fact, our students make us proud not only in professional conferences, but in how they represent the School as individuals. UWSOP students by nature of their chosen profession have the health and welfare of the community on their mind. This was made evident even amidst the fanfare of the award reception as our students, under the leadership of **Kelly Philopant**, '08, took the time and effort to gather up all of the extra food from the dinner and distribute it to the homeless on the streets of San Francisco.

# STUDENT NEWS

2006 APhA-ASP Award Winners

Tuyen Thanh Huynh, '08 received the 2006 APhA One-to-One Patient Counseling Award. Only five students in the country are selected for this award and this is the third year in a row that a UW student has been chosen.

Carson Huntoon, '07, was one of four students in the country to receive the 2006 APhA Student Leadership Award. This award is based on academic achievement.

Sarah Elliott, '06, received the APhA Good Government Student Pharmacist of the Year Award.

Nicole Miller, '07, received the APhA Mary Louise Anderson Foundation Scholarship, one of only nine foundation scholarships in the country.

APhA-ASP (UPPOW) chapter was selected as 1st runner-up in the Chapter Achievement Award AA Division.

**UW Rho Chi chapter** was named as one of the top four chapters in the country.

Phi Lambda Sigma chapter was invited to deliver a poster/podium presentation on their winning Leadership Challenge project.

Tracy Chen, '07, Huong Nguyen, '07, Lisa Choe, '07, Sovanny That, '07, and

Jenny Wong, '07, were invited to present a poster on their HRSA-PSSC award winning project "Improving Health Literacy in a Diverse Community Clinic" with faculty advisors Annie Lam and Kara Yukomoto-Chao.

Mags Sopalski, '07, served on the Regional Editorial Advisory Board for the APhA-ASP publication, *Student Pharmacist*.

### ASHP Award

Ronda Machen, '06, received the ASHP Student Leadership Award. Rhonda is one of 12 students in the nation selected for this award.

## AACP Annual Meeting

Elena Meeker, '07, and her faculty mentor, Nanci Murphy, were selected for the 2006 AACP Wal-Mart Student-Faculty Conference Scholarship. Elena was choosen based on her academic achievement and interest in a career in academia.

**Melanie Petilla, '07,** will be presenting a poster on her study, "Modifiable Factors that Influence Student Leadership"

and joining Nanci Murphy as one of the invited speakers at the session "Innovative Indicators of Success in Pharmacy Schools and Colleges."

Sarah Elliott, '06, Ricki Schreffler, '08 and Ashley Bean, '08, have been invited to present their respective posters: "Student Leadership in Health Advocacy and Policy Development;" "Determining Student's Perception of Professionalism at the UW School of Pharmacy as a Means to Improving It," and "Perceived Stress Levels in University of Washington PharmD Students," at the upcoming July AACP annual meeting.

### Other Student News

Beth Walter, '06, was one of four students on an interprofessional health sciences team who competed in the Clarion Competition at the University of Minnesota. Teams are asked to perform a root cause analysis on a case study and present their analysis to a panel of judges. The UW team came in third place nationally and will be recognized at the National IHI conference.

# Women In Pharmacy Continued...

of her discovery and passed away in 1916 at the age of 24. Nine years later she was honored by the Far Eastern Tropical Medical Conference in Japan and has, more recently, been recognized for her important contributions to public health and pharmacology. Not only was Alice Ball a person of color in a pre-equal rights era; she was a woman in what was then very much a man's field.

Three decades later, UW School of Pharmacy graduate Shirley Bridge, '45, found herself in a still heavily male dominated world of pharmacy when she graduated with her B.S. in 1945, a fact that inspired her not only to succeed, but to help other women do so as well. Shirley was a practicing community pharmacist for almost 40 years and was one of the state's first female registered pharmacists. Shirley has devoted an enormous amount of time and energy throughout the years to helping woman close the pharmacy gender gap and take on leadership roles in the pharmacy community and academic setting. Shirley and her husband Herb Bridge established the Shirley and Herb Bridge Endowed Professorship for Women in Pharmacy, to help support teaching and research in geriatrics and senior care with an emphasis on women's roles in each. Bridge is committed to numerous community and politically focused initiatives to support women, but it is her interest in women at the UWSOP that has touched many hearts on campus. "As much as the financial support is appreciated," explains Gail Anderson, '78, "It is Shirley's personal interest in us (the female faculty) which is so important and worth much more than money can buy." Shirley often lunches with female faculty members at the School to get updates on their research and teaching, encourages each to reach their goals and always asks in what way she can help. "She is an incredible supporter; she facilitates and encourages us to strive for our dreams," states Peggy Odegard, **'85**. "She is the light under the fire."

Bridge can be quite proud of these tributes, as the woman who give them have risen to the challenge she inspired and become leaders in their own right. Anderson is a successful pharmacy school faculty member and winner of the Gibaldi Excellence in Teaching Award. Odegard, also a successful pharmacy school faculty member, served as associate dean for Professional Programs under Milo Gibaldi. This was the first time a woman held an administrative leadership position in the School of Pharmacy. The women of Anderson's and Odegard's generation saw a change from the pharmacy days of Ball and Bridge and welcomed in a time where female graduates rose to positions once dominated by their male peers. Other examples include Beverly Schaefer, '70, who co-owns Katterman Pharmacy and was recognized a few years ago as one of the top 50 innovative pharmacists in the country; Janet Tjarnberg, '78, who served as president of the Washington State Pharmacy Association from 2001 to 2002, Janet Hudkins, '80, who is director of a major hospital pharmacy in the Port Angeles area, and Jenny Chien, '87, who went on to get her Ph.D in pharmaceutics, and is now a research scientist at Eli Lilly Pharmaceutical Company. By the end of the 20th century, UW women were leading academics, community pharmacists and scientists.

There were inspirational women in-between as well. Grace Thomke, '34, while in her 80's still drove to Everett to work part-time at Everett General Hospital and now, nine years later still helps teach UW and Japanese pharmacy students when they come to her Hearthstone home on site visits. Viola Dwight, '51, a Japanese-American who lived through the Pacific Northwest internment campaign of World War II, the death of her husband, and the challenge of raising two small girls while putting herself through pharmacy school, was one of only two women in her class. She started her career as a community pharmacist, and then moved to the Indian Health Service (IHS), where she rose through the ranks to become the IHS director of pharmacy service.

Women are now an integral part of the pharmacy community. Though in some cases, being a woman may still come with extra challenges to getting through School. **Lisa Tang, '02,** came from a very traditional Chinese environ-

ment, where the entire family lived under one roof - Lisa, her parents, her elder brother, his wife and children. As the only daughter, Lisa bore the burden of taking care of not only her parents, but at times, even her brother's children. She started out as a pharmacy tech student at North Seattle Community College, was hired at Northwest Hospital, and then entered pharmacy school at the UW. She worked hard throughout her studies yet remained dedicated to her family duties. Upon graduation she enlisted in the Armed Forces so that she could get insurance coverage for her parents and now serves in her pharmacy role to support not only her family but her country.

The UW School of Pharmacy boasts new female stars every year. Ronda Machen, '06, the Pharmacy Alumni Association choice for this year's Alumni Excellence Award, has proven herself a very inspirational leader, someone devoted to her community and interested in further developing her teaching relationship with the School. "Her enthusiasm is contagious," states Nanci Murphy, associate dean, Academic and Student Programs, "and sure to inspire many more students in the future."

Many inspirational women, whether by virtue of what they overcame to get through pharmacy school, the impact they made as students or the accomplishments they achieved after graduation, people they inspired, science they affected or groups they have led, have helped shape the UW-SOP, its role in the community and the caliber of students it continues to graduate.

Much has changed since Ms. Ball first arrived on campus and it's all been for the best. The UW School of Pharmacy is proud of all its graduates, but wished to recognize in particular the women who have changed the face of pharmacy over the years and those who will continue to lead us into the future.

# Scholars Thank Donors Personally at Dean's Recognition Ceremony



Stephanie Decker, '07, winner of the Sandy Doan Family Scholarship, is surrounded by donors, (clockwise from left) Ryan Oftebro, '03, John Ofterbro, Marilee Doan Stephens, Bob Stephens, Judy Dean Johnson, Richard Johnson and Deborah Oftebro.



John and Sharon Bracken bordered by Bracken Scholarship recipients Robert Lambert, '08, and Kathleen Thornton, '08.



Geraldine Brady with Brady Scholar, Xheni Veriga, '06.

Over 350 alumni, student scholars, faculty and friends attended this year's Dean's Recognition Ceremony held at the Columbia Tower Club on April 5, 2006. This event, hosted by Dean Sid Nelson, was an evening of appreciation, dedicated to Dean's Club level donors and above whose support helps the School in so many ways and makes scholarship support to our students possible. Clinical and affiliate faculty were recognized for milestone service achievements and the Alumnus of the Year was announced (see page 3.) A special thanks to Shirley and Herb Bridge, who sponsored the School's use of the Club, a gorgeous venue whose stunning sunset views provided a splendid backdrop to this event.

For information on the Dean's Club or becoming a member, please contact David Chow, assistant director of Development at 206-221-2465 or chowd@u.washington.edu

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