

FALL 2022

DAWG SCRIPTS

PHARMACY ALUMNI ASSOCIATION & SCHOOL OF PHARMACY NEWS



A Compassionate Journey

UWSOP SHINES A LIGHT ON
GHANA'S HEALTH CARE CHALLENGES

Next-Level Education

UW'S NEW HEALTH SCIENCES
EDUCATION BUILDING MAKES
ITS DEBUT

Caffeine Connection

SCHAFFNER'S PHARMACY
FINDS AN INSPIRED WAY TO
ENGAGE WITH CUSTOMERS

Class Of 1972

UWSOP CLASSMATES
CELEBRATE 50 YEARS
IN PHARMACY



Fall is nearly here, and each year this time of season rolls around, I always find myself taking time to both reflect on the past year, and look forward to upcoming opportunities to connect with our friends and colleagues.

On that subject, several of our fellow alumni had the opportunity to reconnect and celebrate their 50th class reunion (take a look at page 9 for a photo of that motley crew), and the Class of 2012 are celebrating their 10th on September 25.

There are plenty of other events lined up, too. The annual Dawg Dash is slated for October 9, the PAA Homecoming Tailgate will take place October 15, and many more. Make sure to check the event calendar below, and visit the UWSOP website for the most up-to-date details.

Aside from all these terrific events scheduled for the remainder of the year, autumn

is also season when we submit nominations to honor our fellow Husky alumni, so make sure to visit the PAA web page for more information about the upcoming DAA awards.

Whether it's on the running trail for Dawg Dash, or revving up to show our Husky pride at the Homecoming Tailgate, I'm excited to see and reconnect with you all. It's been a long time coming!

Scott Herzog, '03, President, Pharmacy Alumni Association

UPCOMING 2022 UWSOP EVENTS



SEPTEMBER 25, 3PM • UWSOP Class of 2012 Reunion

Location/Format: Magnuson Park Picnic Shelter #3 (near the playground- enter the park near 74th & Sandpoint). Tubbs Subs, chips, dessert, beverages, koozies, venue, and a walk down memory lane. Please email jpreker@gmail.com with questions.



OCTOBER 9, 9-10:30AM • Alaska Airlines Dawg Dash

Location/Format: Red Square, UW Seattle Campus. The UWAA's signature scholarship fun run/walk is hitting its stride this October! On team #HUSKYPHARMACIST you can join your fellow Dawgs for a 10k/5k race around campus, or from wherever you are! Join UWSOP alumni, students, faculty, staff, and friends for the 2022 Dawg Dash.



OCTOBER 15, TBD • Pharmacy Alumni Association Homecoming Tailgate

Location/Format: Husky Stadium. Please save the date for our Pharmacy Alumni Association Homecoming tailgate before the Husky Homecoming Football game.



OCTOBER 21, 2-4:30PM • The CHOICE Institute Annual Symposium

Location/Format: Samuel E. Kelly Ethnic Cultural Center Theatre, UW Seattle Campus. We are pleased to host three outstanding faculty to discuss some of the relevant dimensions of health equity and their implications for our work in HEOR. Refreshments will be served in the theatre lobby immediately following the symposium.

DAWG SCRIPTS MAGAZINE

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UW School of Pharmacy Alumni and Friends,

"Transformation isn't a future event – it's a present-day activity." – Anonymous

While thinking about what I wanted to write in my very first Dawg Scripts letter as Interim Dean, the idea of change and 'transformation' began to surface. I thought about how, after emerging from a long-term pandemic, we've all had to transform in our own way – how we work, and how we prioritize our lives.

This idea of transformation also made me think about the great work our talented faculty and researchers do here at the School, how they consistently evolve and transform students' perceptions

and understanding of health care and science, and the impact they, as emerging professionals in our field, can have on our world. The transformative nature of our new curriculum, informed by the alumni practitioners and practice leaders to help us develop pharmacy professionals for tomorrow's needs.

In this issue of *Dawg Scripts*, you'll read about the transformational power of exploring global health care systems, as several of our students and faculty did during a trip to Ghana this summer, and how that experience had a profound impact on them both professionally and personally. Also, make sure to check out the digital version of the magazine on the UW School of Pharmacy website, where you can take a tour of UW's new Health Sciences Education Building, a \$100-million facility designed to transform how we educate our students – and how they can use state-of-the-art spaces and applications to enhance their learning.

This notion of change and transformation also applies to you, our alumni. You make so much of what we do possible, playing a

significant role in transforming the lives and careers of our students, serving as mentors and creating gateways for our young professionals to go out into the world and create real change. And the leadership our professional and graduate alumni provide to developing and transforming the field of pharmacy, both practice and science, to improve health care and pharmaceutical interventions.

As most of you know, I've been a part of this community for many years. I have seen our School overcome many challenges – and undergo many profound transformations – along the way. Though our world and profession are constantly in flux, one thing that hasn't wavered is my faith in the collaborative culture we've created at the School. To know that I work with people, both here at UW, and with our alumni, that make a difference every day, transforming lives – in the classroom, the research labs and all over the world – is truly inspiring.

Peggy Soule Odegard
Interim Dean and Professor
UW School of Pharmacy



#2

The recent 2022 National School of Pharmacy rankings, compiled by the Pharmacy Technician Institute, placed the UW School of Pharmacy at **#2 out of 144 Schools/Colleges in the U.S.** The rankings relied on quantitative assessments of the UWSOP's educational, service and research outcomes.



A Compassionate Journey

UWSOP's annual mission to rural Ghana shines a light on worldwide health care challenges.

When UWSOP Clinical Professor **Don Downing**, '75, first journeyed to Ghana in 2016, his team's mission was to screen low-income communities for such chronic illnesses as malaria and provide accessible health care to some of the more impoverished, rural neighborhoods in the region. Now, more than a decade later, the yearly sojourn has evolved into a successful partnership with Seattle-based non-profit Global Brigades and continues to serve as a transformative experience for UWSOP students and faculty, year after year.

Throughout the last decade, Downing has been heartened to see first-hand the advances made regarding both health care awareness and access for Ghanaian communities. That said, the scenario wasn't always so optimistic.

"Before we first visited Ghana back in 2016, we found out the region had a universal insurance plan," Downing recalled. "So during that first visit, as we met with over a thousand patients, we asked each of them if they were aware of the insurance plan. Only 50% said yes. Less than 50% said they actually had the insurance – and only half of those people were actually using it."

After the sobering reality of that first visit sunk in, Downing and his team wrote a report on their findings, then met with partners at Global Brigades in hopes of finding a successful resolution. It was a move that ultimately forged a healthier path forward for Ghanaian communities.

"As a result, Global Brigades started a fund to help insure 900 families," remembered Downing. "Now, they have ongoing funding and education in communities

to get people on the Ghanaian health care program. To see that kind of direct, positive impact has been really rewarding."

For this year's pilgrimage to Ghana, which got underway in July, Downing and a team of 18 Pharmacy students spent 5 days screening more than 600 patients in the territory's rural Central District.

"It's good for our students," said Downing. "They see a health care system that's not fully functional, and how they can impact it. It's a truly meaningful experience for everyone involved."

For **Coco Zhang**, a third-year Pharmacy student, the trip proved to have a profound impact on her approach to the profession, and her appreciation for global health care challenges.



"It was the most amazing, fulfilling experience I've ever had," she said. "After we returned from the trip, I could see more clearly the difference in health care between rural communities and what we're used to here. I met folks with really high blood pressure who are unable to afford treatment. They have to wait for assistance from organizations such as Global Brigades. I hope with our assistance, people will be less afflicted by illnesses, and will have an

opportunity for better health – and a better life."

For Pharmacy student **Derek DeGraaf**, the experience offered a unique opportunity to engage in all aspects of patient care, from start to finish.

"It was an eye-opening opportunity to really engage in the process – participating and observing the doctor and optometrist exams, giving the COVID vaccination if

needed, filling prescriptions and counseling the patients on how to take their medications," he said. "As great of a clinical experience as it was, I think the even bigger impact for me was the shift in perspective with regards to health care."

"It really illuminated how much we take for granted."

Derek also noted how refreshing and inspiring it was to be able to focus entirely on patient-centered care and put the patient first, without the administrative hurdles that we sometimes see in the U.S.

"The Ghanaian communities were incredibly appreciative of our help and were some of the nicest humans anyone could imagine," he said. "From providing care to the patients to interacting and playing with the children, it was an all-around great experience that provided inspiration and memories that will carry me through the next two years of school, as well as throughout my pharmacy career."

UW School of Pharmacy would like to take this opportunity to thank Donna Dockter, '72, and her husband Don. Their generous gift has helped to underwrite expenses for this program.

The Blue Book: A Small Detail With A Profound Impact



A seemingly benign artifact from Pharmacy's academic past – the Exam Blue Book, used during mid-terms and final exams at universities – has proved to be instrumental in ensuring proper record-keeping for communities in Ghana.

"Starting the second or third year we visited Ghana, I've been bringing about a thousand Blue Books with me," said Downing. "In many low-resource countries, at least in the rural areas, there are no charts for patients – there's no system set up, or broad screening service available for meeting people where they are."

The community response to having something tactile and useful with which to keep their medical records was overwhelming, and served as a great reminder of how sometimes simple gestures can have a profound impact on a community's well-being.



(Shown): Level 1,
Grand Entryway.

Next-Level Education

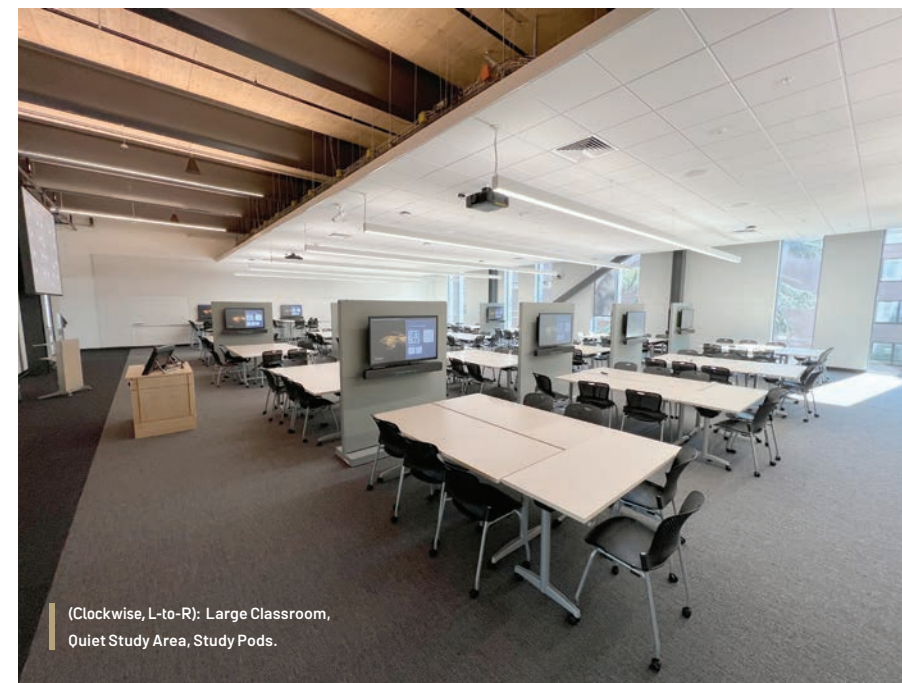
\$100M Health Sciences Education Building boasts a cutting-edge approach to interdisciplinary training.

After more than 2 years of construction, the University of Washington's \$100-million Health Sciences Education Building was finally unveiled to the public in September. The 4-story, 110,000-square-foot facility will serve as an interdisciplinary environment for thousands of students across the Schools of Pharmacy, Dentistry, Medicine, Nursing, Public Health and Social Work to learn and work together.

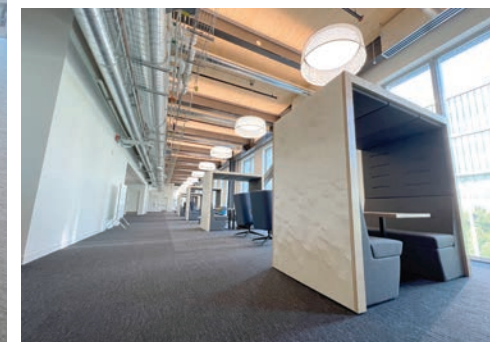
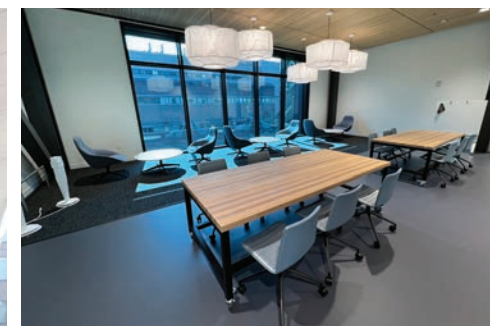
Thoughtfully designed to accommodate the disparate needs of students from all 6 disciplines, and loaded with state-of-the-art technology, the building is expected to catapult UW's Health Sciences programs to the forefront of interprofessional education, enabling Pharmacy students and their peers to work and learn in a setting that mirrors the way they will engage in patient care as professionals, resulting in better care for the patients they serve.

UWSOP Interim Dean & Professor **Peggy Odegard**, '85 & '90, says that although the building will enhance learning engagement opportunities through a variety of cutting-edge classroom technologies, the project's core purpose and focus remains front and center – creating top-tier educational options to support our students' evolving needs.

"The emphasis will be on promoting greater learning engagement through



(Clockwise, L-to-R): Large Classroom,
Quiet Study Area, Study Pods.



active learning classrooms, labs, and interprofessional education," she said. "The facility is strictly for education, so the primary benefit of the new building is to enhance learning by increasing the number and types of learning spaces – and the quality of instructional technology support."

By design, the facility encourages collaboration and communication among the Health Sciences disciplines, providing opportunities to break down the siloed barriers that existed previously.

Rachel Allen, UWSOP's Clinical Assistant Professor and Director of the Bracken Pharmacy Learning Center (BPLC), believes this focus on collaborative space will create opportunities for students and their peers

to not only work together, but also hone their communication skills – essential training for emerging professionals preparing for careers in the field.

"The Interprofessional Skills Lab Suite is particularly exciting for me because it gives students the opportunity to practice collaborative communication techniques with other health sciences students and standardized patients," she noted. "That will be critical when interacting as part of an interprofessional team, and also in providing patient-centered care in the future."

In addition to the Interprofessional Skills Lab Suite, the new facility showcases an extensive array of options for interdisciplinary learning and training, including study pods,



The emphasis will be on promoting greater learning engagement through active learning classrooms, labs and interprofessional education.

- PEGGY ODEGARD

mock treatment labs, breakout group workspaces, a student lounge and kitchen, quiet study areas, a library and a wide variety of technology-packed classrooms with remote learning access.

For more information on the HSEB, visit: <https://lnkd.in/eQvQvkn>

CREATING TOMORROW'S LEADERS



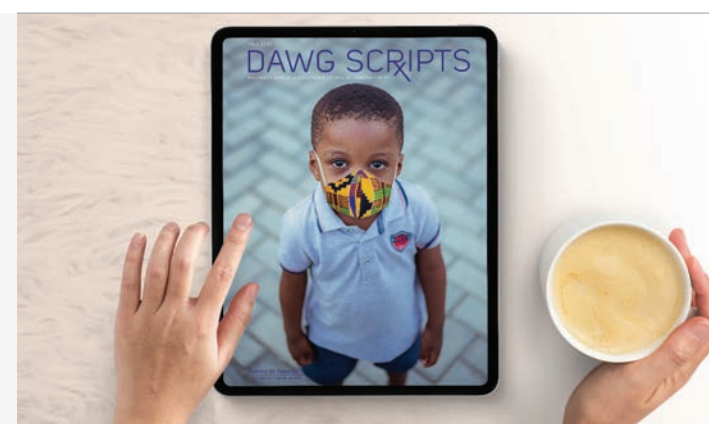
40,000

STUDENTS WILL HAVE TRAINED IN THE BUILDING 5 YEARS AFTER ITS COMPLETION.



1 MILLION

THIS TRANSLATES INTO OVER 1 MILLION PATIENT CONTACT HOURS.



See More In Digital Dawg Scripts

For a video tour of the new Health Sciences Education Building and other multimedia content, check out the Fall issue of Digital Dawg Scripts. Now available online at sop.uw.edu.



Chris Schaffner, '07, owner, Schaffner Pharmacy & Apothecary Coffee.

Something Special Is Brewing At Schaffner Pharmacy

Chris Schaffner has found that good coffee opens the door to a community's heart.

It might seem unusual, at first, to see someone pick up their prescription at a pharmacy counter...then order a double-espresso within the very same establishment. But for **Chris Schaffner**, '07, owner of Schaffner Pharmacy in Sedro-Woolley, WA, the caffeine connection makes perfect sense.

In July, Chris opened the Apothecary Coffee shop within Schaffner Pharmacy, and it's a dream that's been a long time coming.

"I have wanted to incorporate a coffee shop into my pharmacy for a very long time," he said. I think the original idea came from one of my pharmacy mentors and fellow pharmacy owner, Kevin Bingham around 20 years ago."

According to Chris, the idea began to percolate when he made the connection between commerce and community building.

"From the very beginning, our pharmacy has been a gathering place for the

community, and on a daily basis patients come in to socialize and inevitably end up running into an old friend or coworker and great conversation and laughter ensues," he said. "We wanted to take this to the next level by bringing in coffee, which people naturally gather over to converse. Our goal was to create a cozy, inviting space that people would want to spend time in and help make patients feel even more comfortable coming in for vaccines or clinical appointments.

"This is our modern-day, Pacific Northwest take on the pharmacy soda fountains of old."

For Chris, the connection between serving a community, and serving great coffee is clear – it's all about relationships.

"I believe that health care, like so many things in life, is based on relationships, and great relationships are based on great communication," he noted. "If we can create an environment that is more inviting and conducive to open and honest communication

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This is our modern-day, Pacific Northwest take on the pharmacy soda fountains of old.

- CHRIS SCHAFFNER

between patients and providers then we are taking the first steps towards providing great care. Having a place that people want to come in and visit helps us develop the relationships we need to make a lasting impact on our patients' lives."

Beyond offering up terrific cappuccinos, Apothecary Coffee is intended to serve as a place to connect and converse with friends and colleagues, and take time out from the hectic pace of day-to-day life.

"We hope that Apothecary Coffee will become a destination for our community to gather and catch up on local current events, generate new ideas or maybe even write the next great American novel," said Chris. "Already, we are seeing families come in to relax, professionals meeting to discuss business, and public school administrators meeting to improve our local education system. We want to be a place where people know they can come in and be treated with genuine kindness and feel like they can slow down, if even for a few minutes."

"More than a few people raised an eyebrow when we told them we were building a coffee shop into our new pharmacy building," he admitted, "but, now that they see the space and our vision they understand how the two businesses are symbiotic. After months of blood, sweat and tears, it is extremely rewarding to know that the community is thankful and excited for a place to gather and call their own."



Beverly Schaefer Honored By APhA

Beverly Schaefer, '70, was announced as a recipient of The American Pharmacists Association (APhA) Foundation's Women in Pharmacy (WIP) Recognition Campaign, an effort highlighting women of influence in the pharmacy profession. Beverly and the other recipients will be honored at a special event October 14, where their bio sketches and photos will be unveiled and displayed within the Women in Pharmacy Exhibit and Conference Room at APhA Headquarters in Washington, DC.



Emmitt Aston Inspires Development Of New Medical Building in Chelan, WA

Emmitt Aston, '59, is the driving force behind the new Lake Chelan Health medical building in Chelan, WA. It's a fitting legacy for a dedicated Chelan pharmacist and community activist. Emmitt and his wife Bonnie owned and operated a pharmacy in downtown Chelan for 31 years, and though his business has been closed since 1991, Emmitt's devoted efforts to build a new hospital in Chelan remain as vital as ever. Years ago he became a member of the town's Hospital Foundation, and now, more than a decade later, that dedication has paid off: Lake Chelan Health is scheduled to open November 2022.



Beth Devine Co-Edits New Book, Due This Fall

Shirley and Herb Bridge Endowed Professor for Women in Pharmacy **Beth Devine**, '01, served as an editor on a new book this fall, *Clinical Decision Support for Pharmacogenomic Precision Medicine*. The publication offers overviews, methods and strategies for translating genomic medicine to clinical practice.

Class Of 1972 Celebrates 50-Year Reunion

Fifty years ago, in 1972, NASA's Space Shuttle program officially launched, *The Godfather* was packing them in at the movies, ABBA ruled the radio, and gas cost 55 cents a gallon. Though a lot has changed in the last 5 decades, the bonds of friendship among UWSOP's class of 1972 remain strong. Alumni, friends and family gathered recently at the UW Waterfront Activities Center in August to reconnect and celebrate their 50-year reunion. Congratulations, and here's to 50 more!



School Updates

OFFICE OF PROFESSIONAL PHARMACY EDUCATION (OPPE)



Jen Danielson was appointed as Associate Dean for Professional Pharmacy Education, and and **Yvonne Lin** was named Assistant Dean for Academic Affairs.



Jen and Yvonne will work in concert to provide strategic leadership and operational support for OPPE and will have the full support of the School's Executive Committee.

DEPARTMENT OF PHARMACY



Ryan Hansen, '03, PharmD; PhD, CHOICE, '12; was appointed Interim Department Chair. In 2006, Ryan and his wife Keli created the Adam Christopher Hansen Endowed Scholarship Fund. to support students at the School of Pharmacy.



Terri O'Sullivan, PharmD, was promoted to Associate Professor. Terri interacts regularly with the over 400 volunteer faculty and preceptors who teach the University of Washington Doctor of Pharmacy students.



Cathy Yeung, '05, PharmD, PhD; Investigator, Kidney Research Institute, Division of Nephrology; was promoted to Associate Professor. Cathy is a key investigator in the development of a "kidney on a chip" microphysiological system that can be used in preclinical drug development.



Melissa Barker-Haliski, PhD, was promoted to Research Associate Professor. Melissa has co-chaired the American Epilepsy Society/ International League Against Epilepsy's Pharmacology Common Data Elements

Working Group since 2014 with the goal to harmonize preclinical pharmacology studies for epilepsy drug discovery by industry, government, and academia.

DEPARTMENT OF PHARMACEUTICS



Mai Ponsang, a UW graduate, has joined the Department of Pharmaceutics as Assistant to the Chair. Prior to joining the UWSOP, Mai graduated from a Seattle-based culinary school and worked as a pastry chef. The department is also excited to welcome 10 new students to their Fall '22 graduate training program. They represent the top candidates from over 150 applicants for the 2022 admission cycle. A very warm welcome to **Kayenat Aryeh, Sebastian Gallegos, Eimear O'Mahony, Winnie Wen, Lindsey Williams, Xinyue Chen, Inga Erickson, Tianzheng Shan, Kai Wang** and **Guangyuan Xu**.

DEPARTMENT OF MEDICINAL CHEMISTRY



Professor **Kelly Lee** was named The Sid Nelson Professor of Medicinal Chemistry to acknowledge his outstanding research and training record.



Kim Alonge joined the Department of Medicinal Chemistry in September as an Assistant Professor, with a joint appointment in the School of Medicine's Division of Metabolism, Endocrinology and Nutrition.



Rheem Totah was appointed as Associate Chair of The Department of Medicinal Chemistry. In this role, Rheem will assist with administrative duties and provide leadership for our research and training mission.



Gaurav Bhardwaj, assistant professor for Medicinal Chemistry, is a lead researcher at the Institute for Protein Design. This year, his team discovered how to create peptides that slip through membranes and enter cells. This drug design breakthrough may lead to new medications for a wide variety of health disorders, including cancer, infection, and inflammation.

THE CHOICE INSTITUTE



In September, **Lou Garrison**, Professor Emeritus for The CHOICE Institute, received the highest honor bestowed by ISPOR for career achievement – The Avedis Donabedian Award.



Josh Carlson, PhD, was promoted to Professor. Josh also serves as Affiliate Investigator, Cancer Prevention Program, Fred Hutchinson Cancer Research Center.

In Memoriam



Captain **Donald Herbert Williams** of Bellevue; a magnificent friend, father, husband, grandfather and great grandfather, lost his battle with cancer and COVID in July. He leaves a huge hole in the hearts of his family and friends who were always entertained by his quick wit and generous nature. Born in Holbrook, Massachusetts, Don attended the Massachusetts College of Pharmacy. He would then go on to serve in the U.S. Coast Guard and U.S. Public Health Service. Don worked for the federal and state government and was the Executive Director of the Washington State Board of Pharmacy for 23 years. In 2003, and again in 2017, Don was awarded the WSPA Distinguished Leadership Service Award, and in 2004 he received the Bowl of Hygieia, one of the highest recognitions in our profession, honoring a pharmacist for their professional success, as well as contributions to their community. In 2017 Don was also awarded the WSPA Rodney D. Shafer award. He taught classes on pharmaceutical law at the University of Washington, and he was involved with the UW's Tyee Club. In his free time, Don was a zealous reader and an avid sports fan with the University of Washington Huskies and the Boston Red Sox (his favorite teams). Don also loved to travel. He and his wife Arda traveled the United States and the world for his work and their leisure. He enjoyed traveling with his grandchildren as well. It was his great pleasure to show them the country of which he had seen every corner. Don is survived by his wife, three children, six grandchildren and one great-grandchild. Don was an extraordinary man.

Get Connected. Stay Connected.

Your UW School of Pharmacy connection continues beyond graduation!

We invite you to **join PAA today**. If you believe in preeminent pharmacy practice and research education and understand the value of community, the **PAA connects to you what matters**.



BECOME A PAA MEMBER TODAY: <https://sop.washington.edu/alumni-donors/pharmacy-alumni-association/paa-membership/>



NOMINATIONS FOR THE 2022 DISTINGUISHED ALUMNI AWARDS ARE OPEN!

Recognize UWSOP alumni who demonstrate excellence in their profession, are connected to the school and have a positive impact on the pharmacy practice and research community.

» Nominate an alum at www.sop.uw.edu/DAA

» Nominations open through December 2022

